



Folded View

XT385 TREADMILL

XT385 Treadmill – Power, Performance & Smart Connectivity

The XT385 is built to keep you moving with the perfect combination of power, space, and smart technology. Designed for runners and walkers alike, it features a spacious 22" x 60" (56 x 152 cm) running surface and a durable 3.5 HP PowerMax™ motor, backed by a lifetime warranty on the motor, frame, and running deck for lasting performance.

Stay engaged with the Bluetooth-enabled 7.5" ClearView™ Multi-Colour backlit LCD console, which provides real-time tracking of your progress. Featuring 2 custom and 16 pre-set programs—including goal-driven options for Time, Calories, and Distance—the console also offers 20 direct access speed and incline keys, making interval training faster and more efficient than ever.

The rocker-style speed and incline shifters are conveniently placed on the handrails, allowing for quick, on-the-fly adjustments. Integrated Bluetooth speakers let you stream your favourite workout playlists, while a USB charging port ensures your devices stay powered throughout your session.

FEATURES

- 7.5" ClearView™ Multi-Colour LCD with built-in USB charging port
- Built-in Bluetooth connects to apps, audio, and heart rate accessories
- Remote handrail controls for quick changes to speed and 15 levels of incline
- Spacious 22" x 60" (56 x 152 cm) Deck with Lift Assist for easy storage
- Superior 3.5 HP PowerMax™ Motor protected by a lifetime warranty

CONNECTS TO:



SPIRIT+



FITBIT*



ZWIFT



APPLE
HEALTH
KIT*



KINOMAP



MAP MY
FITNESS*

AND MORE!

*CONNECTS VIA SPIRIT+ APP

SPIRIT

Item #
16007303850

XT385 TREADMILL

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7.5" Multi-Colour LCD

Reading Rack Ledge

Phone Ledge

Handrail Incline Control

Handrail Lock

Child Lock

Adjustable Cooling Fan

Safety Key

SPiRiT



WARNING / AVERTISSEMENT



APP

Tilt & Swivel
Tablet Holder

Integrated
Bluetooth
Speakers

Cup Holders

Handrail
Speed
Control

Hand Pulse Sensors

USB Charger

Direct-Access Speed
and Incline Buttons



SPiRiT+ APP



- Set fitness goals
- Track workout progress
- Review workout history
- Share with other fitness apps
- Unlock achievements
- Stay motivated

EQUIPMENT SPECIFICATIONS

Console	7.5" Multi-Colour LCD, Tilt & Swivel Tablet Holder, Bluetooth FTMS, Bluetooth Speakers, USB Charging Port, Adjustable Fan, Child Lock
Programs	Manual, Hill, Fat Burn, Cardio, Strength, HIIT, Fusion, 5K, 10K, Target Time/Distance/Calories, 2 Custom, 4 Heart Rate
Heart Rate	Hand Pulse Sensors, 5kHz & Bluetooth Receiver Compatible, Chest Strap Not Included
Speed/Incline	0.5 - 12 mph (1 - 20 kph) - 0.1 increments / 15 Levels - 0.5 increments
Handrail Controls	Yes, Speed & Incline
Drive Motor	3.5 HP PowerMax™ Motor
Deck	1" (2.5 cm) Phenolic, Silicone Lubricated
Belt	22" x 60" (56 x 152 cm)
Rollers	Front/Rear 2.5" (6.4 cm) Crowned
Frame	Folding, w/ Lift Assist and Slow Deploy, Durable Powder Coat Paint
Assembled Dimensions	81" L x 36" W x 68" H, 286 lb (206 L x 92 W x 176 H cm, 130 kg)
Folded Dimensions	43" L x 36" W x 72" (109 L x 91 W x 183 H cm)
Packaging	85" L x 36" W x 15" H, 312 lb (217 L x 94 W x 38 H cm, 142 kg)
Max User Weight	375 lb (170 kg)

WARRANTY INFORMATION

Residential Warranty: Frame/Motor/Deck: Lifetime, Parts: 10 Years, Labour: 1 Year



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