



Folded View



Optional Extended Handrails

XT285 TREADMILL

XT285 Treadmill – Built for Performance, Designed for Comfort

The XT285 features a spacious 20" x 60" (51 x 152 cm) running surface, providing ample room for a comfortable stride. Its 3.25 HP motor, supported by a lifetime warranty, ensures smooth, consistent power for every workout. The low-maintenance, pre-lubricated belt minimizes upkeep, so you can focus on your fitness goals.

Stay engaged with the bright 7.5" blue backlit LCD display, tracking key performance metrics while giving you access to 16 pre-set programs, 2 customizable workouts, and direct speed and incline buttons—perfect for interval training. With 12 levels of power incline, you can simulate hill training and customize intensity to suit your goals. Handrail-mounted controls, Bluetooth connectivity, and pulse contact grips enhance convenience, while a range of safety features—including a child lock, safety key, deck lift assist, slow deploy system, and optional extended handrails—ensure a secure workout experience

FEATURES

- 7.5" bright blue backlit LCD with built-in USB charging port
- Built-in Bluetooth connects to apps, audio, and heart rate accessories
- Remote handrail-mounted controls for quick changes to speed and incline
- Spacious 20" x 60" (51 x 152 cm) Deck with Lift Assist for easy storage
- Superior 3.25 HP PowerMax™ Motor protected by a lifetime warranty

CONNECTS TO:



SPIRIT+



FITBIT*



ZWIFT



APPLE HEALTH KIT*



KINOMAP



MAP MY FITNESS*

AND MORE!

*CONNECTS VIA SPIRIT+ APP

SPIRIT

Item #
16007302850

XT285 TREADMILL

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7.5" Blue Backlit LCD

Reading Rack Ledge

Phone Ledge

Integrated Bluetooth Speakers

Cup Holders

Handrail Incline Control

Handrail Lock

Child Lock

Adjustable Cooling Fan

Safety Key

Hand Pulse Sensors

USB Charger

Direct-Access Speed and Incline Buttons

Handrail Speed Control



SPIRIT+ APP



- Set fitness goals
- Track workout progress
- Review workout history
- Share with other fitness apps
- Unlock achievements
- Stay motivated

EQUIPMENT SPECIFICATIONS

Console	7.5" Blue Backlit LCD, Phone Ledge, Bluetooth FTMS, Bluetooth Speakers, USB Charging, Adjustable Fan, Child Lock
Programs	Manual, Hill, Fat Burn, Cardio, Strength, HIIT, Fusion, 5K, 10K, Target: Time/Distance/Calories, 2 Custom, 4 Heart Rate
Heart Rate	Hand Pulse Sensors, 5kHz & Bluetooth Receiver Compatible, Chest Strap Not Included
Speed/Incline	0.5 - 12 mph (1 - 18 kph) - 0.1 increments / 12 Levels - 0.5 increments
Handrail Controls	Yes, Speed & Incline
Drive Motor	3.25 HP PowerMax™ Motor
Deck	1" (2.5 cm) Phenolic, Silicone Lubricated
Belt	20" x 60" (51 x 152 cm)
Rollers	Front 2.5" (6.4 cm), Rear 2.0" (5.1 cm) - Crowned
Frame	Folding, w/ Lift Assist and Slow Deploy, Durable Powder Coat Paint
Assembled Dimensions	80" L x 35" W x 59" H, 234 lb (206 L x 89 W x 150 H cm, 107 kg)
Folded Dimensions	44" L x 35" W x 71" (112 L x 89 W x 180 H cm)
Packaging	85" L x 36" W x 15" H, 262 lb (216 L x 91 W x 38 H cm, 119 kg)
Max User Weight	350 lb (160 kg)

WARRANTY INFORMATION

Residential Warranty: Frame/Motor/Deck: Lifetime, Parts: 10 Years, Labour: 1 Year



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