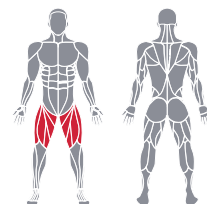
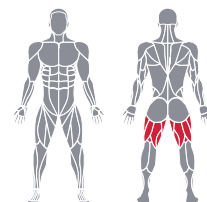


**DUALS****SPIRIT****LEG EXTENSION****LEG CURL**

The Leg Extension and Leg Curl machine offers versatile exercises that target opposing muscle groups – the quadriceps and hamstrings. Users can easily switch and adjust exercises without leaving their seated position, ensuring maximum convenience. The axis of rotation is optimized to provide a proper feel for both types of movements. Additionally, an integrated rep counter and top cap storage keep users motivated and engaged throughout their sets.

CSD-LELC LEG EXTENSION / LEG CURL

- Premium beveled pads with sport stitching
- 5 lb (2 kg) increment weight
- 225 lb (102 kg) weight stack
- Premium strength cables
- Integrated rep counter and time display
- Large storage tray at top of tower

Item #
16812496050

SPIRIT
COMMERCIAL

LEG EXTENSION/ LEG CURL		SPECIFICATIONS	Item # 16812496050																
Performance	• 225 lb (102 kg) Weight Stack • 5 lb (2 kg) Increment Weight • 2 x 15 lb (6.8 kg) Top Plates • 13 x 15 lb (6.8 kg) Plates • Pulley Ratio 0.7 x Weight Extension, 0.5 x Weight Curl • Premium Strength Cables • Premium Beveled Edge Pads • Sport Stitching																		
Convenience	• Rep/Time Counter (2 C Batteries required, not included) • Start/Finish Workout Diagrams • Storage Trays (Top of Weight Tower) • Easy-Adjust Seat Back																		
Frame	• Heavy Gauge Steel Frame • Low Profile Design • High-Quality Electrostatic Powder Coat Finish • Fully Enclosed Weight Stack • Steel Feet w/Rubber Foot Covers • Max User Weight Capacity: 360 lb (163 kg)																		
Dimensions and Weight	<table><tr><td> • Setup Dimensions: 55"L x 54"W x 62"H, 625 lb (140L x 137W x 157H cm, 284 kg) • Shipping Dimensions & Shipping Weight: </td><td></td></tr><tr><td> • Carton 1: 55" x 24" x 5" (140L x 61W x 13H cm) • Carton 2: 60" x 23" x 10" (152L x 587W x 25H cm) • Carton 3: 47" x 40" x 13" (119L x 102W x 33H cm) • Carton 4: 39" x 7" x 22" (99L x 18W x 56H cm) • Carton 5: 21" x 20" x 11" (53L x 51W x 28H cm) </td><td><table><tr><td colspan="2">N.W. / G.W.</td></tr><tr><td></td><td>18 lb (8 kg)/ 20 lb (9 kg)</td></tr><tr><td></td><td>84lb (38 kg)/ 93 lb (42 kg)</td></tr><tr><td></td><td>308 lb (140 kg)/ 331 lb (150 kg)</td></tr><tr><td></td><td>20 lb (9 kg)/ 21 lb (10 kg)</td></tr><tr><td></td><td>195 lb (88 kg)/ 220 lb (100 kg)</td></tr></table></td></tr></table>			• Setup Dimensions: 55"L x 54"W x 62"H, 625 lb (140L x 137W x 157H cm, 284 kg) • Shipping Dimensions & Shipping Weight:		• Carton 1: 55" x 24" x 5" (140L x 61W x 13H cm) • Carton 2: 60" x 23" x 10" (152L x 587W x 25H cm) • Carton 3: 47" x 40" x 13" (119L x 102W x 33H cm) • Carton 4: 39" x 7" x 22" (99L x 18W x 56H cm) • Carton 5: 21" x 20" x 11" (53L x 51W x 28H cm)	<table><tr><td colspan="2">N.W. / G.W.</td></tr><tr><td></td><td>18 lb (8 kg)/ 20 lb (9 kg)</td></tr><tr><td></td><td>84lb (38 kg)/ 93 lb (42 kg)</td></tr><tr><td></td><td>308 lb (140 kg)/ 331 lb (150 kg)</td></tr><tr><td></td><td>20 lb (9 kg)/ 21 lb (10 kg)</td></tr><tr><td></td><td>195 lb (88 kg)/ 220 lb (100 kg)</td></tr></table>	N.W. / G.W.			18 lb (8 kg)/ 20 lb (9 kg)		84lb (38 kg)/ 93 lb (42 kg)		308 lb (140 kg)/ 331 lb (150 kg)		20 lb (9 kg)/ 21 lb (10 kg)		195 lb (88 kg)/ 220 lb (100 kg)
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Commercial Warranty	• 10 Years Frame • 5 Years Bushings, Bearings, Shocks, Pulleys, Guide Rods • 1 Year Paint and Finishes, Cables, Grips, Counter/Timer, Pull-Pin Components, Rail Wheels, Attachments, All Other Parts Not Mentioned • 6 Months Upholstery • 1 Year Labour																		

