

# SPIRIT<sup>®</sup>

www.spiritfitness.ca

COMMERICAL CATALOGUE 2026  
CARDIO / STRENGTH



# SPIRIT®



Since its launch in 1983, SPIRIT Fitness has grown into a global leader in fitness equipment, with products installed in high-traffic commercial gyms, corporate wellness centers, rehabilitation clinics, hospitality venues, and residential home gyms worldwide. Over the last four decades, SPIRIT has sold more than 1.5 million pieces of equipment, offering 140 diverse products across 12 categories to 50 countries, earning 55 awards for superior design, innovation, and performance. This tremendous success reflects SPIRIT's unwavering commitment to delivering exceptional quality and customer experiences.

SPIRIT Commercial equipment is engineered for durability, reliability, and high performance, supporting rigorous daily use while minimizing maintenance. The 1000 Series cardio offerings feature advanced user interfaces, interactive consoles, and entertainment options designed to keep members motivated in high-traffic club environments. Complementing this, the 900 and 800 cardio series expand options and provide flexible solutions to incorporate SPIRIT equipment into virtually any commercial environment. In the strength category, SPIRIT's selectorized dual machines and related strength equipment provide safe, efficient, and space-conscious solutions for full-body training, ideal for all commercial fitness spaces. Many SPIRIT machines now feature smart fitness connectivity, including the brand's recent strategic partnership with EGYM, enabling users of the 1000 Series to seamlessly track performance data, access personalized programs, and enjoy fully connected, data-driven workouts across the gym floor.

# SPIRIT<sup>®</sup>

In Canada, SPIRIT's corporate operations are based in Niagara Falls, ON, where all products and parts are warehoused and shipped. Bilingual customer service is available five days a week to provide fast, local assistance. Backed by decades of global experience, award-winning innovation, and robust support, SPIRIT Fitness offers dealers and commercial operators a brand known for premium quality, enduring performance, and seamless user experiences. Partnering with SPIRIT Fitness means aligning with a company built on trust, dependability, and a shared commitment to long-term success. Its products and parts have become synonymous with reliability, giving customers confidence that every SPIRIT purchase is backed by a solid warranty and a company dedicated to their satisfaction. Beyond product excellence, SPIRIT also provides strong after-sales support with training resources and digital assets designed to keep both the brand and its partners competitive and confident.

SPIRIT Fitness is a global leader offering premium equipment, extensive parts availability, responsive local service, and a dedicated Team committed to customer success across Canada.

Contact your SPIRIT Fitness representative today to learn more about enhancing our current partnership and how working with a trusted global brand like SPIRIT can help grow your business and strengthen relationships with your customers.



\*SPIRIT Canada Office & Warehouse in Niagara Falls ON



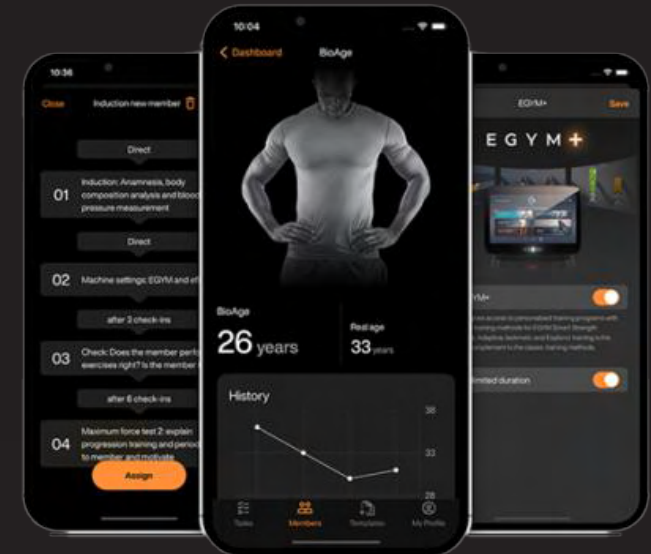


## SPIRIT Fitness + EGYM: Elevating Connectivity and Performance on a Global Scale

SPIRIT Fitness has entered into a strategic partnership with EGYM, a world leader in smart fitness and health technology. This collaboration unites two globally recognized brands, each known for quality, innovation, and performance, to deliver a new era of connected training. Together, SPIRIT and EGYM are redefining what it means to track, measure, and improve workouts in real time, empowering clubs and their members with technology that makes training more intelligent, efficient, and rewarding.

Through this partnership, SPIRIT's premium 1000 Series cardio line now features the EGYM Cardio Integration, allowing users to log in effortlessly using RFID\* and automatically sync performance data across the entire EGYM ecosystem. Whether running on a SPIRIT treadmill, training on an elliptical, or cycling through an interval session, users gain seamless access to their workout history, personalized metrics, and real-time feedback, all stored and viewable in the EGYM app. This connectivity ensures every session is purposeful and data-driven, motivating members to stay consistent and see measurable results faster.

For gym owners and operators, the benefits extend far beyond user convenience. The integration provides powerful data insights into usage trends, member engagement, and training behaviours, helping facilities make smarter decisions about programming, equipment mix, and member retention strategies. The connected platform also enhances the member experience by creating a consistent digital journey, from onboarding and assessments to tracking progress and celebrating milestones. With intuitive access to performance analytics, operators can personalize training programs, build loyalty, and strengthen the club's value proposition.



### For Users



- Seamless Workouts
- RFID Login
- EGYM app access
- SPIRIT 1000 Series cardio + EGYM Intergration



### Connected Platform

EGYM




### For Clubs & Operators


- Powerful Insights usage trends
- Enhanced member Experience


# SPIRIT® EGYM




## Here's how it works and why it matters:

 **Instant Login:** Members simply tap their RFID device on the console to identify themselves with no manual entry, PINs, or searching through profiles required.

 **Seamless Data Sync:** Once logged in, the equipment automatically connects to the user's EGYM account, syncing workout data such as distance, duration, calories, and heart rate in real time.

 **Personalized Experience:** The machine recognizes the user, loads their personal settings and goals, and ensures that progress is tracked continuously across multiple pieces of equipment.

 **Operational Efficiency:** For club operators, using RFID devices simplifies member management, reduces setup time, and enhances the perception of a high-tech, user-friendly training environment.

In short, RFID is the bridge between the user and the EGYM ecosystem, enabling seamless connectivity and precise data tracking across the gym floor.

## What is RFID?

RFID stands for Radio Frequency Identification. Within the SPIRIT-EGYM integration, RFID is used as a contactless login method that allows gym members to quickly and securely access their training profile. Each user is assigned an RFID-enabled card, wristband, or key tag that communicates wirelessly with the touchscreen console on SPIRIT's 1000 Series cardio equipment.



## Bring Your Proposal to Life with SPIRIT 3D Facility Renderings

SPIRIT Fitness is proud to offer an innovative new design service that transforms how you present your fitness proposals. Using advanced 3D rendering technology powered by the Homestyler platform, we can create detailed, photorealistic visuals that showcase proposed facilities exactly as they will appear once complete. Every rendering features the full range of SPIRIT commercial equipment included in your proposal, arranged to scale, professionally staged, and optimized to highlight both function and design.

This service allows you to take your clients' presentations beyond standard layouts. Each rendering is fully customizable, enabling you to modify interior design concepts, lighting, flooring, colour palettes, and fixtures to reflect your client's brand and space requirements. Whether it is a corporate fitness centre, boutique studio, recreation facility, or multi-unit residential gym, we can produce a design that perfectly communicates your client's vision while highlighting the premium quality and innovation behind SPIRIT equipment.



For an even more dynamic presentation, we can also provide immersive video walk-throughs of the proposed space. These interactive visualizations allow clients to virtually tour their future facility, offering a true sense of flow, atmosphere, and functionality. Every project is accompanied by a complete, itemized list of all specified SPIRIT products, simplifying the proposal process and helping you submit bids with accuracy and professionalism.

By integrating SPIRIT's 3D rendering service into your proposal process, you'll gain a powerful competitive advantage. These visuals not only help clients picture their investment with confidence, but they also elevate your presentation and build trust. SPIRIT Fitness is ready to partner with you to design and deliver customized renderings that make your proposals stand out, allow you to win more projects, and showcase SPIRIT Fitness as the brand that brings facility visions to life.

**SPIRIT**<sup>®</sup>



A man in a grey t-shirt and black shorts is running on a Spirit treadmill. The scene is set in a dark gym with red ambient lighting. The treadmill has a large console with a screen and the Spirit logo. The man is captured in mid-stride, looking forward.

# *SPIRIT*®

## MOVE WITH SPIRIT

COMMERCIAL CARDIO CATALOGUE 2026

# 1000 SERIES

## A New Standard For Commercial Cardio Equipment

The 1000 Series delivers commercial-grade durability, advanced functionality, and intuitive user engagement built to withstand high-traffic environments. Designed for performance and reliability, it offers operators a complete cardio solution that drives long-term value and enhances the user experience. Packed with entertainment features including built-in apps and screen mirroring the 1000 Series will keep users engaged and motivated throughout every workout



**SPIRIT**<sup>®</sup>

1000 SERIES



CT1000ENT



CE1000ENT



CR1000ENT



CU1000ENT

# SPIRIT®

## CT1000ENT TREADMILL



### FEATURES

- 22" x 62" (56 x 157 cm) waxed, maintenance-free deck
- 5.0 HP AC drive motor; 0.5–15 mph (0.8–24 kph) speed range
- 15 electronic incline levels
- 21.5" HD touchscreen with built-in entertainment and screen mirroring
- 20 programs: manual, hill, fat burn, cardio, HIIT, interval, 5K, 10K, custom, 2 heart rate, 8 fitness tests, strength
- Compatible with select Garmin Wearables and other third-party fitness apps
- Bluetooth FTMS, C-Safe port power/comm, Wi-Fi, pre-loaded apps, USB charging, reading rack, transport wheels
- Max user weight: 450 lb (204 kg)

The **SPIRIT CT1000ENT Treadmill** is the flagship model for commercial facilities, combining cutting-edge technology with rugged performance. It features a spacious 22" x 62" (56 x 157 cm) maintenance-free waxed deck and 2-ply belt, supported by oversized 3.0" (7.5 cm) front and rear rollers for enhanced durability. A powerful 5.0 HP AC drive motor delivers speeds from 0.5–15 mph (0.8–24 kph) with 15 levels of incline, easily adjusted via direct speed and incline buttons for fast transitions. The 21.5" HD capacitive touchscreen console offers advanced performance feedback, built-in entertainment, and screen mirroring. With 20 built-in programs including HIIT, strength, and fitness tests as well as hand pulse sensors and Bluetooth wireless heart rate compatibility, the CT1000ENT is built to elevate user engagement and withstand the demands of high-traffic commercial environments.

**WARRANTY** - Full Commercial  
Frame: 10 Years | Motor: 5 Years  
Deck/Parts/Labour : 3 Years  
Console Parts: 2 Years | Console Labour: 1 Year  
Wear Items: 6 Months

### DISPLAY

- |                                |                                     |
|--------------------------------|-------------------------------------|
| ① 21.5" HD Touchscreen Console | ④ USB Charger & Wire mirror         |
| ② Safety Key                   | ⑤ Ergonomically Designed Hand Grips |
| ③ Accessory Storage            | ⑥ Quick Access Keypad               |



# SPIRIT®

## CE1000ENT ELLIPTICAL



### FEATURES

- 30 lb (14 kg) flywheel; 40 magnetic resistance levels
- Dual-rail system with 21" (53 cm) stride
- Oversized, cushioned pedals with 2° inversion
- 15.6" HD touchscreen with built-in entertainment and screen mirroring
- 11 programs: manual, hill, fat burn, cardio, HIIT, interval, custom, heart rate, strength, watts, fitness test
- Compatible with select Garmin Wearables and other third-party fitness apps
- Bluetooth FTMS, C-Safe port power/comm, Wi-Fi, pre-loaded apps, USB charging, transport wheels
- Max user weight: 450 lb (204 kg)

The **SPIRIT CE1000ENT Elliptical** is built for commercial environments, offering a smooth, high-performance experience with advanced user engagement. It features a 30 lb (14 kg) flywheel, 40 levels of magnetic resistance, and a 21" (53 cm) stride for a natural, low-impact motion. The dual-rail system and oversized cushioned pedals with 2° inversion promote stability and proper alignment. Multi-position handlebars support upper-body engagement and ergonomic variety. The 15.6" HD capacitive touchscreen console delivers real-time performance feedback, built-in entertainment, and screen mirroring, with direct-access buttons for Start, Stop, Enter, and Level Up/Down for seamless control. The CE1000ENT features 11 built-in programs along with hand pulse sensors and Bluetooth wireless heart rate compatibility, delivering a powerful blend of durability, innovation, and intuitive design tailored for all commercial fitness environments.

**WARRANTY - Full Commercial**  
Frame: 10 Years | Brake - 5 Years  
Parts/Labour: 3 Years  
Console Parts: 2 Years | Console Labour: 1 Year  
Wear Items: 6 Months

### DISPLAY

- ① 15.6" HD Touchscreen Console
- ② HDMI
- ③ USB Charger
- ④ Quick Access Keypad



# SPIRIT®

## CR1000ENT RECUMBENT BIKE



### FEATURES

- 30 lb (14 kg) flywheel; 40 magnetic resistance levels
- High-density foam seat with 18 fore/aft adjustments
- Oversized pedals with fast latch and 2° inversion
- 15.6" HD touchscreen with built-in entertainment and screen mirroring
- 11 programs: manual, hill, fat burn, cardio, HIIT, interval, custom, heart rate, strength, watts, fitness test
- Compatible with select Garmin Wearables and other third-party fitness apps
- Bluetooth FTMS, C-Safe port power/comm, Wi-Fi, pre-loaded apps, USB charging, transport wheels
- Max user weight: 450 lb (204 kg)

The **SPIRIT CR1000ENT Recumbent Bike** is engineered for commercial facilities, delivering top-tier performance, comfort, and user engagement. It features a 30 lb (14 kg) flywheel and 40 levels of magnetic resistance for smooth, customizable workouts. The high-density foam seat offers 18 fore/aft adjustments, while oversized pedals with 2° inversion support proper alignment and joint comfort. A 15.6" HD capacitive touchscreen console provides advanced workout feedback, built-in entertainment, and screen mirroring, along with direct-access buttons for Start, Stop, Enter, and Level Up/Down for intuitive control. Equipped with 11 built-in programs, hand pulse sensors and Bluetooth wireless heart rate compatibility, the CR1000ENT delivers a high-performance cardio experience engineered to engage users and excel in the most demanding commercial environments.

**WARRANTY** - Full Commercial  
Frame: 10 Years | Brake - 5 Years  
Parts/Labour: 3 Years  
Console Parts: 2 Years | Console Labour: 1 Year  
Wear Items: 6 Months

### DISPLAY

- ① 15.6" HD Touchscreen Console
- ② HDMI
- ③ USB Charger
- ④ Quick Access Keypad



# SPIRIT®

## CU1000ENT UPRIGHT BIKE



### FEATURES

- 30 lb (14 kg) flywheel; 40 magnetic resistance levels
- Oversized, fast-latching pedals with 2° inversion
- High-density foam seat with 11 vertical adjustments
- 15.6" HD touchscreen with built-in entertainment and screen mirroring
- 11 programs: manual, hill, fat burn, cardio, HIIT, interval, custom, heart rate, strength, watts, fitness test
- Compatible with select Garmin Wearables and other third-party fitness apps
- Bluetooth FTMS, C-Safe port power/comm, Wi-Fi, pre-loaded apps, USB charging, transport wheels
- Max user weight: 450 lb (204 kg)

The **SPIRIT CU1000ENT Upright Bike** is built for all commercial environments, delivering premium performance, durability, and user engagement. It features a 30 lb (14 kg) flywheel and 40 levels of magnetic resistance for ultra-smooth, precise control. Oversized, fast-latching pedals with 2° inversion and a high-density foam seat with 11 vertical adjustments promote proper alignment and riding comfort. The 15.6" HD capacitive touchscreen console provides advanced workout feedback, built-in entertainment, and screen mirroring, along with direct-access Start, Stop, Enter, and Level Up/Down buttons for intuitive control. Featuring 11 built-in programs including HIIT, strength, and watts, along with hand pulse sensors and Bluetooth wireless heart rate compatibility, the CU1000ENT delivers precise training options and real-time tracking, making it a high-performance upright bike built to excel in demanding commercial environments.

**WARRANTY** - Full Commercial  
Frame: 10 Years | Brake : 5 Years  
Parts/Labour: 3 Years  
Console Parts: 2 Years | Console Labour: 1 Year  
Wear Items: 6 Months

### DISPLAY

- ① 15.6" HD Touchscreen Console
- ② HDMI
- ③ USB Charger
- ④ Quick Access Keypad



# 900 SERIES

Proven Performance. Practical Design.  
Built for Everyday Commercial Use.

The SPIRIT 900 Series delivers dependable performance, streamlined design, and solid engineering built to handle the demands of commercial fitness spaces. With a focus on reliability and user comfort, it's a practical, high-value solution for operators looking to upgrade essential cardio offerings without compromising quality.



# 900 SERIES



CT900



CE900



CR900



CU900



AB920



CSC900

# SPIRIT<sup>®</sup>

## CT900 TREADMILL



### FEATURES

- 22" x 62" (56 x 157 cm) waxed, maintenance-free deck
- 5.0 HP AC drive motor; 0.5–12 mph (0.8–20 kph) speed range
- 15 electronic incline levels
- White multi-window LED console with full feedback
- 18 programs: manual, hill, fat burn, cardio, HIIT, interval, 5K, 2 heart rate, 9 fitness tests
- Hand pulse sensors and wireless 5kHz heart rate receiver compatible
- C-Safe port power, cooling fan, reading rack, dual beverage holders, transport wheels
- Max user weight: 450 lb (204 kg)

The **SPIRIT CT900 Treadmill** is engineered for all commercial environments, combining durability, performance, and user-focused features. It has a spacious 22" x 62" (56 x 157 cm) maintenance-free waxed deck with a 2-ply belt, supported by oversized 3" (7.5 cm) front and rear rollers for enhanced longevity and smooth operation. A powerful 5.0 HP AC drive motor delivers speeds from 0.5–12 mph (0.8–20 kph) with 15 levels of incline, easily adjusted using direct speed and incline buttons for quick transitions. The white multi-window LED console provides real-time feedback on calories, distance, heart rate, incline, METs, pace, program, pulse, speed, and watts. With 18 built-in programs, hand pulse sensors, and wireless heart rate compatibility, the CT900 is a high-performance treadmill built to withstand the demands of any commercial facility.

**WARRANTY** - Full Commercial  
Frame: 10 years | Motor: 5 Years  
Deck/Parts/Labour: 3 Years  
Wear Items: 6 Months

### DISPLAY

- ① Intergrated Adjustable Fan
- ② Premium, Ultra-Bright White LED Display
- ③ LED Heart Rate Graph
- ④ Large LED Matrix Window
- ⑤ Hand Grips for HR
- ⑥ Accessory Trays



# SPIRIT®

## CE900 ELLIPTICAL



### FEATURES

- 30 lb (14 kg) flywheel; 40 magnetic resistance levels
- Dual-rail system with 21" (53 cm) stride
- Oversized, cushioned pedals with 2° inversion
- White multi-window LED console with full feedback
- 10 programs: manual, hill, fat burn, cardio, HIIT, interval, 2 heart rate, strength, watts
- Hand pulse sensors and 5kHz wireless heart rate receiver compatible
- Self-generating power system
- C-Safe port power, cooling fan, reading rack, dual beverage holders, transport wheels
- Max user weight: 450 lb (204 kg)

The **SPIRIT CE900 Elliptical** is built for high-use commercial settings, combining durability, performance, and user comfort. It features a 30 lb (14 kg) flywheel and 40 levels of magnetic resistance for a smooth, consistent workout experience. The dual-rail track system and oversized, cushioned pedals with 2° inversion ensure stable motion and reduced joint stress. Multi-position handlebars provide ergonomic options for upper-body engagement, while the self-generating power system allows flexible placement without the need for an external power source. The white multi-window LED console displays real-time feedback on calories, heart rate, METs, strides, and watts. With 10 built-in programs including HIIT, strength, and watts, hand pulse sensors, and wireless 5kHz heart rate compatibility, the CE900 offers a premium, low-maintenance solution backed by a lifetime frame warranty.

**WARRANTY** - Full Commercial  
Frame: Lifetime | Brake: 5 Years  
Parts/Labour: 3 Years

### DISPLAY

- |   |                              |
|---|------------------------------|
| ❶ Integrated Adjustable Fan               | ❷ Large LED Matrix Window    |
| ❸ Premium, Ultra-Bright White LED Display | ❹ Lap Counter                |
| ❺ LED Heart Rate Graph                    | ❻ Tablet Reading Rack Holder |



# SPIRIT®

## CR900 RECUMBENT BIKE



### FEATURES

- 30 lb (14 kg) flywheel; 40 magnetic resistance levels
- High-density foam seat with 18 fore/aft adjustments
- Oversized pedals with fast latch and 2° inversion
- White multi-window LED console with full feedback
- 11 programs: manual, hill, fat burn, cardio, HIIT, strength, interval, 2 heart rate, fitness test, watts
- Hand pulse sensors and 5kHz wireless heart rate receiver compatible
- Self-generating power system
- C-Safe port power, cooling fan, reading rack, dual beverage holders, transport wheels
- Max user weight: 450 lb (204 kg)

The **SPIRIT CR900 Recumbent Bike** is built for high-use commercial environments, combining performance, comfort, and durability. It features a 30 lb (14 kg) flywheel and 40 levels of magnetic resistance, powered by a self-generating system for flexible placement without external power. The high-density foam seat offers 18 fore/aft adjustments, while oversized pedals with 2° inversion support proper alignment and reduce joint stress. The white multi-window LED console provides real-time feedback on calories, heart rate, METs, RPM, speed, and watts. With 11 built-in programs including HIIT, strength, and watts, plus hand pulse sensors and 5kHz wireless heart rate compatibility, the CR900 delivers a customizable, user-friendly experience. Backed by a lifetime frame warranty, it's a dependable cardio solution for any commercial facility.

**WARRANTY** - Full Commercial  
Frame: Lifetime | Brake: 5 Years  
Parts/Labour: 3 Years

### DISPLAY

- |   |                              |
|---|------------------------------|
| ① Integrated Adjustable Fan               | ④ Lap Counter                |
| ② Large LED Matrix Window                 | ⑤ LED Heart Rate Graph       |
| ③ Premium, Ultra-Bright White LED Display | ⑥ Tablet Reading Rack Holder |



# SPIRIT®

## CU900 UPRIGHT BIKE



### FEATURES

- 30 lb (14 kg) flywheel and 40 levels of magnetic resistance
- 12 vertical seat adjustments to accommodate users of various heights
- Easy in and out ratcheting pedals with 2° pedal inversion
- White multi-window LED console with full feedback
- 11 programs: manual, hill, fat burn, cardio, HIIT, strength, interval, 2 heart rate, fitness test, watts
- Hand pulse sensors and 5kHz wireless heart rate receiver compatible
- Self-generating power system
- C-Safe port power, cooling fan, reading rack, dual beverage holders, transport wheels
- Max user weight of 450 lb (204 kg)

The **SPIRIT CU900 Upright Bike** built for high-use commercial environments and delivers the ideal combination of durability, performance, and comfort. Its 30 lb (14 kg) flywheel and 40 levels of magnetic resistance, enhanced by an induction brake system, provide an ultra-smooth ride with immediate, responsive resistance. Oversized, fast-latching pedals with 2° inversion support natural alignment, while the high-density foam seat offers 12 vertical adjustments for a personalized fit. The self-powered design reduces operating costs and allows flexible placement. Hand pulse sensors and 5kHz wireless heart rate compatibility enable heart rate tracking. With 11 pre-set programs, a sleek, easy-to-navigate console, and a lifetime frame warranty, the CU900 is a reliable, low-maintenance cardio solution built for demanding commercial facilities.

**WARRANTY - Full Commercial**  
Frame: Lifetime | Brake: 5 Years  
Parts/Labour: 3 Years

### DISPLAY

- ① Intergrated Adjustable Fan
- ② Premium, Ultra-Bright White LED Display
- ③ LED Heart Rate Graph
- ④ Large LED Matrix Window
- ⑤ Lap Counter
- ⑥ Tablet Reading Rack Holder



# SPIRIT®

## AB920 AIR BIKE



### FEATURES

- Dual action, multi-grip handlebars with textured grip and front foot pegs
- Large cushioned, fully adjustable saddle (10 up/down, 6 fore/aft)
- 5.5" backlit LCD displays time, distance, calories, RPM, speed, watts, and heart rate
- 9 pre-set programs: quick start, 3 interval, 5 target
- Bluetooth connectivity for 3rd party apps
- Bluetooth and 5kHz heart rate receiver compatible
- 27" (68 cm) diameter, 10-blade fan produces infinite levels of air resistance
- Belt drive for reduced maintenance compared to chain drive
- Balanced anti-slip ergonomic pedals with toe cage
- Transport wheels and rear lift bar with dual front/rear levellers
- Max user weight of 350 lb (160 kg)

The **SPIRIT AB920 Air Bike** is engineered for high-intensity training and full-body conditioning, delivering infinite, user-controlled resistance through a 27" (68 cm) 10-blade fan. This robust air bike provides a smoother, quieter ride compared to traditional chain-driven models, perfect for high traffic environments like commercial gyms. Its design prioritizes comfort and adjustability with a large, cushioned saddle offering 10 vertical and 6 fore/aft seat adjustments, accommodating a wide range of users. Key features include dual-action handlebars with textured grip, Bluetooth and 5kHz connectivity for heart rate monitors and anti-slip ergonomic pedals, ensuring a safe and effective workout. It also includes a 5.5" backlit LCD display showing real-time workout data, 9 pre-set programs, and an integrated device holder. The AB920 is a versatile addition to any fitness space and an ideal choice for dealers and gym owners looking to enhance their equipment offerings.

**WARRANTY** - Full Commercial  
Frame: 5 Years | Parts: 2 Years  
Labour: 1 Year

### DISPLAY

- ① Device Holder
- ② Quick Keys
- ③ Target Display
- ④ Interval Display
- ⑤ Function Keys
- ⑥ Heart Rate Display



# SPIRIT®

## CSC900 STAIRCLIMBER



### FEATURES

- Commercial-grade steel frame with ABS-lined steps
- 8 oversized steps: 22" x 11" x 8" (55 x 28 x 20 cm)
- Chain and poly-V belt drive with electromagnetic induction brake
- 20 levels of magnetic resistance; 25 - 160 steps per minute
- Multi-window LED console display
- 12 programs: rolling hills, fat burn, fitness test, warm up, WEI/CPAT training, challenge, interval, target-time/vertical/calories, custom
- Hand pulse grips, resistance controls, and start/stop/pause on handlebars
- Built-in cooling fan, accessory holder, and tablet rack
- Minimum 10' (3 m) ceiling height recommended
- Max user weight: 400 lb (182 kg)

The **SPIRIT CSC900 StairClimber** is built for high-traffic commercial use, delivering intense cardio and lower-body workouts with lasting durability. Its steel frame supports eight oversized ABS-lined steps (22" x 11" x 8" / 55 x 28 x 20 cm) for a stable, secure climb. A chain and poly-V belt drive system pairs with an electromagnetic induction brake for smooth, consistent motion. With 20 resistance levels and speeds up to 160 steps per minute, users can tailor workouts to any fitness level. The multi-window LED console provides real-time feedback, while the integrated fan and accessory storage enhance user convenience. Ergonomically positioned multi-grip handlebars integrate contact heart rate sensors, resistance toggles, and start/stop/pause buttons keeping performance at your fingertips. With 11 pre-set and 1 user program, the CSC900 is built to perform in any commercial setting.

**WARRANTY - Full Commercial**  
Frame: 10 Years | Brake: 5 Years  
Parts/Labour: 3 Years  
Wear Items: 6 Months

### DISPLAY

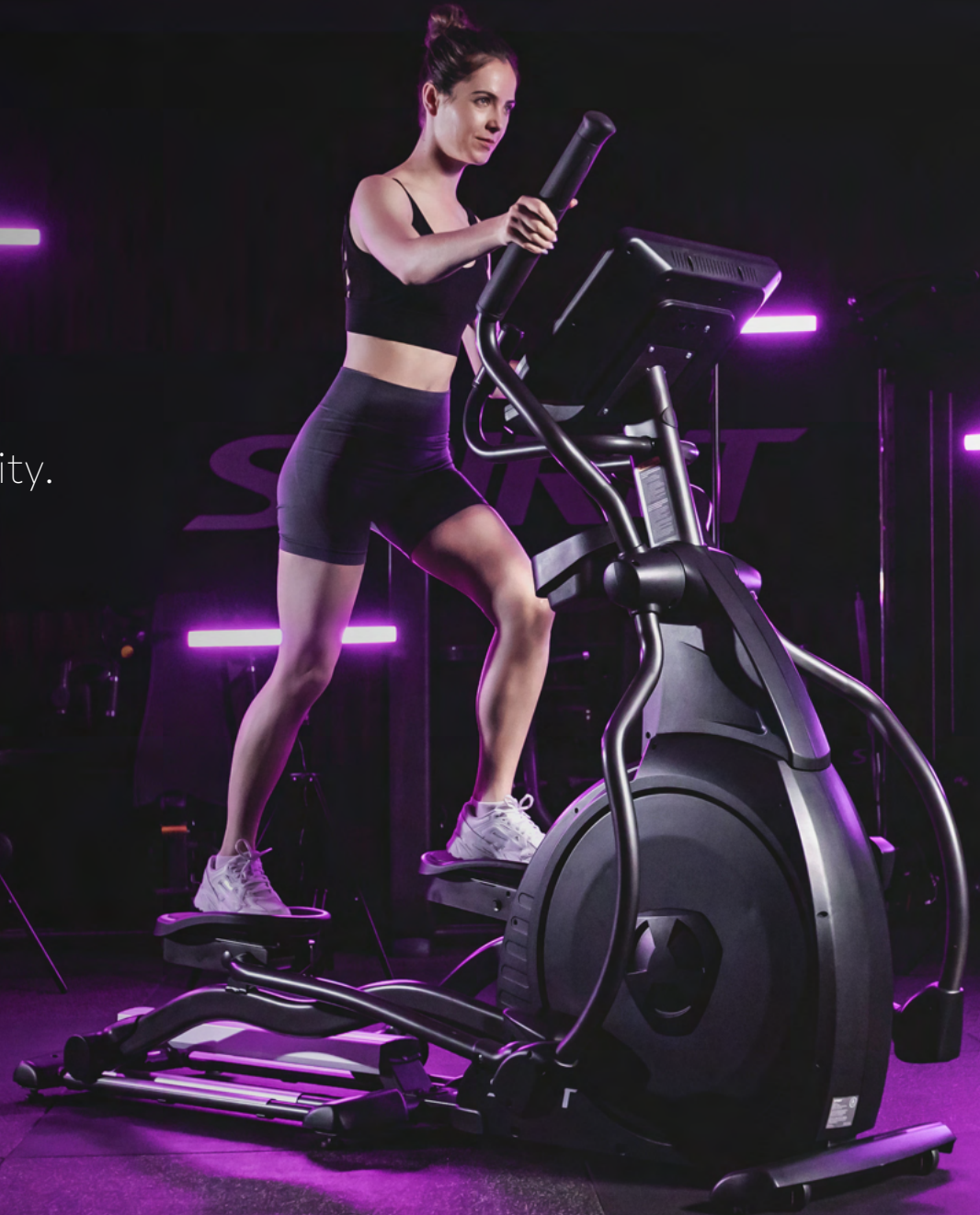
- |   |                                     |
|---|-------------------------------------|
| ① Multi-Window Display                    | ④ Large LED Matrix Window           |
| ② Premium, Ultra-Bright White LED Display | ⑤ Numeric Keypad                    |
| ③ Easy Access Program Buttons             | ⑥ 2 - Speed Fan for Workout Comfort |



# 800 SERIES

Essential Performance. Streamlined Durability.  
Built for Everyday Cardio.

The SPIRIT 800 Series offers reliable cardio performance in a simplified, cost-conscious design ideal for light commercial and multi-housing facilities. Each unit delivers core functionality, user-friendly features, and dependable durability, making it a smart choice for operators focused on value, space efficiency, and ease of ownership.



**SPIRIT**<sup>®</sup>

800 SERIES



CT800



CT850



CE800



CE850



CR800



CU800



CIC850



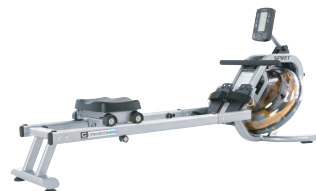
CRS800S



CSC880



CRW800



CRW800H2O

# SPiRiT®

## CT800 TREADMILL



\*Optional extended handrails sold separately.

### FEATURES

- 22" x 60" (56 x 152 cm) wax-infused belt, maintenance-free deck
- 4.0 HP DC drive motor; NEMA 5-15 cord/outlet
- 0.5–12 mph (0.8–20 kph) speed range
- 15 levels of electronic incline
- Direct access speed and incline buttons
- 18 programs: manual, hill, fat burn, cardio, HIIT, interval, 5K, 10K, 2 heart rate, 7 fitness tests, custom
- Hand pulse sensors and wireless heart rate receiver compatible (Bluetooth & 5kHz)
- USB charging, Bluetooth FTMS, C-Safe port power/comm, cooling fan, reading rack, transport wheels
- Max user weight: 450 lb (204 kg)

The **SPiRiT CT800 Treadmill** is engineered for commercial reliability, featuring a 22" x 60" (56 x 152 cm) maintenance-free running surface with a 1" (2.5 cm) thick, double-sided deck and wax-infused 2-ply belt. The 4.0 HP DC drive motor supports speeds from 0.5–12 mph (0.8–20 kph) and 15 incline levels. The white multi-window LED console provides feedback on calories, distance, incline, METs, pace, program, pulse, time, speed, and watts. The 3" (7.5 cm) front and rear rollers reduce wear and tear, ensuring smooth belt movement as well as extending the treadmill's lifespan. With 18 built-in programs, hand pulse sensors, and wireless 5kHz and Bluetooth heart rate compatibility, the CT800 is built for heavy use and user comfort.

**WARRANTY** - Light Commercial, Non-Dues Paying  
Frame: Lifetime | Motor/Deck/Parts: 5 Years  
Labour: 2 Years

### DISPLAY

- |                           |                              |
|---------------------------|------------------------------|
| ❶ Incline/Speed Shortcuts | ❷ Adjustable Fan Angle       |
| ❸ Full-Sized LED Display  | ❹ Ample Accessory Storage    |
| ❺ USB Charging Port       | ❻ Easy-Touch Control Buttons |



# SPIRIT<sup>®</sup>

## CT850 TREADMILL



\*Optional extended handrails sold separately.

### FEATURES

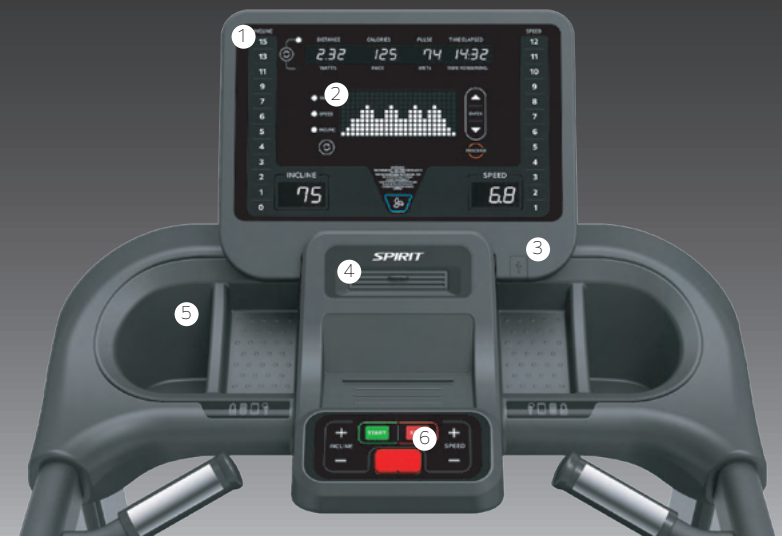
- 22" x 60" (56 x 152 cm) wax-infused belt, maintenance-free deck
- 4.0 HP AC drive motor; NEMA 5-20 cord/outlet
- 0.3–12 mph (0.5–20 kph) speed range
- 15 levels of electronic incline
- Direct access speed and incline buttons
- 18 programs: manual, hill, fat burn, cardio, HIIT, interval, 5K, 10K, 2 heart rate, 7 fitness tests, custom
- Hand pulse sensors and wireless heart rate receiver compatible (Bluetooth & 5kHz)
- USB charging, Bluetooth FTMS, C-Safe port power/comm, cooling fan, reading rack, transport wheels
- Max user weight: 450 lb (204 kg)

The **SPIRIT CT850 Treadmill** is designed for commercial durability, offering a 22" x 60" (56 x 152 cm) maintenance-free, wax-infused deck and 2-ply belt. Its 4.0 HP AC drive motor delivers speeds from 0.3–12 mph (0.5–20 kph) with 15 incline levels. The white multi-window LED console displays calories, distance, incline, METs, pace, program, pulse, speed, and watts. There are 18 built-in programs, integrated hand pulse sensors, and wireless 5kHz and Bluetooth heart rate compatibility for versatile and accurate training feedback. Heavy-duty 3" (7.5 cm) front and rear rollers further reduce wear and tear, contributing to long-term reliability. The high-grade steel frame is backed by a lifetime warranty, making the CT850 a worry-free investment and a versatile, reliable solution for fitness facilities.

**WARRANTY** - Light Commercial, Non-Dues Paying  
Frame: Lifetime | Motor/Deck/Parts: 5 Years  
Labour: 2 Years

### DISPLAY

- ① Incline/Speed Shortcuts
- ② Full-Sized LED Display
- ③ USB Charging Port
- ④ Adjustable Fan Angle
- ⑤ Ample Accessory Storage
- ⑥ Easy-Touch Control Buttons



# SPIRIT®

## CE800 ELLIPTICAL



### FEATURES

- 30 lb (14 kg) flywheel; 40 magnetic resistance levels
- Dual-rail system with 20" (50 cm) stride
- Oversized, cushioned pedals with 2° inversion
- White multi-window LED console with comprehensive feedback
- 11 programs: manual, hill, fat burn, cardio, HIIT, interval, constant power, custom, 2 heart rate, fitness test
- Hand pulse sensors and wireless heart rate receiver compatible (Bluetooth & 5kHz)
- Self-generating power system
- USB charging, Bluetooth FTMS, C-Safe port power/comm, cooling fan, reading rack, transport wheels
- Max user weight: 450 lb (204 kg)

The **SPIRIT CE800 Elliptical** is built for commercial reliability, featuring a 30 lb (14 kg) flywheel and 40 levels of magnetic resistance. It operates with self-generating power, eliminating the need for electrical outlets and reducing operational costs, while its dual-rail system and oversized, cushioned pedals with 2° inversion ensure smooth, natural movement. The white multi-window LED console provides feedback on calories, distance, level, METs, program, pulse, RPM, speed, and watts. With 11 built-in programs, allow users to tailor their sessions for endurance, fat-burning and interval training. Hand pulse sensors, and wireless 5kHz and Bluetooth heart rate compatibility further enhance training feedback. Backed by a lifetime frame warranty, the CE800 is a versatile elliptical for all users.

**WARRANTY** - Light Commercial, Non-Dues Paying  
Frame: Lifetime | Brake/Parts: 10 Years  
Labour: 2 Years

### DISPLAY

- ① Message Center
- ② Program Profile Window
- ③ Fan On/Off
- ④ USB Charging Port
- ⑤ Adjustable Fan Angle
- ⑥ Easy-Touch Control Buttons



# SPIRIT®

## CE850 ELLIPTICAL



### FEATURES

- 30 lb (14 kg) flywheel; 20 magnetic resistance levels
- Adjustable stride: 18"-24" (46-61 cm) in 0.5" (1.3 cm) increments
- Dual-rail system; multi-position grips with integrated stride and resistance controls
- Oversized, cushioned pedals with 2° inversion
- White multi-window LED console with full feedback
- 10 programs: manual, hill, fat burn, cardio, HIIT, interval, custom, 2 heart rate, fitness test
- Hand pulse sensors and wireless heart rate receiver compatible (Bluetooth & 5kHz)
- USB charging, Bluetooth FTMS, C-Safe port power/comm, cooling fan, reading rack, transport wheels
- Max user weight: 450 lb (204 kg)

The **SPIRIT CE850 Elliptical** is engineered for demanding commercial use, equipped with a 30 lb (14 kg) flywheel and 20 levels of magnetic resistance for smooth, consistent performance. Its power-adjustable stride (18"-24" / 46-61 cm) and multi-position handlebars with integrated stride and resistance controls offer customized comfort for a wide range of users. Oversized, cushioned pedals with a 2° inversion reduce joint stress and enhance alignment, while the dual rail system delivers added stability and durability. The white multi-window LED console displays key performance data including calories, distance, level, METs, program, pulse, RPM, speed, stride, and watts. With 10 built-in programs, hand pulse sensors, wireless 5kHz and Bluetooth heart rate compatibility, and a lifetime frame warranty, the CE850 is a reliable, high-performance solution for any facility.

**WARRANTY** - Light Commercial, Non-Dues Paying  
Frame: Lifetime | Brake/Parts: 5 Years  
Labour: 2 Years

### DISPLAY

- |                          |                              |
|--------------------------|------------------------------|
| ① Message Center         | ④ USB Charging Port          |
| ② Program Profile Window | ⑤ Adjustable Fan Angle       |
| ③ Fan On/Off             | ⑥ Easy-Touch Control Buttons |



# SPIRIT<sup>®</sup>

## CR800 RECUMBENT BIKE



### FEATURES

- 30 lb (14 kg) flywheel; 40 magnetic resistance levels
- High-density foam seat with 14 fore/aft adjustments
- Oversized pedals with fast latch and 2° inversion
- 11 programs: manual, hill, fat burn, cardio, HIIT, interval, constant power, custom, 2 heart rate, fitness test
- Hand pulse sensors and wireless heart rate receiver compatible (Bluetooth & 5kHz)
- Self-generating power system
- USB charging, Bluetooth FTMS, C-Safe port power/comm, cooling fan, reading rack, transport wheels
- Max user weight: 450 lb (204 kg)

The **SPIRIT CR800 Recumbent Bike** is engineered for comfort, performance, and long-term durability in commercial environments. It features a 30 lb (14 kg) flywheel and 40 levels of magnetic resistance, powered by a self-generating system eliminating the need for external power sources. A high-density foam seat with 14 fore/aft adjustments and oversized pedals with 2° inversion and a fast latch system provide optimal ergonomics and user alignment. The white multi-window LED console delivers clear feedback on key workout metrics including calories, distance, METs, RPM, speed, and watts. With 11 built-in programs, hand pulse sensors, wireless 5kHz and Bluetooth heart rate compatibility, and a lifetime frame warranty, the CR800 delivers dependable performance and user-centric comfort in any facility.

**WARRANTY** - Light Commercial, Non-Dues Paying  
Frame: Lifetime | Brake/Parts: 5 Years  
Labour: 2 Years

### DISPLAY

- |                          |                              |
|--------------------------|------------------------------|
| ① Message Center         | ④ USB Charging Port          |
| ② Program Profile Window | ⑤ Adjustable Fan Angle       |
| ③ Fan On/Off             | ⑥ Easy-Touch Control Buttons |



# SPIRIT®

## CU800 UPRIGHT BIKE



### FEATURES

- 30 lb (14 kg) flywheel; 40 magnetic resistance levels
- Oversized, fast-latching pedals with 2° inversion
- High-density foam seat with 12 vertical adjustments and separate fore/ aft adjustment functionality
- White multi-window LED console with comprehensive feedback
- 11 programs: manual, hill, fat burn, cardio, HIIT, interval, constant power, custom, 2 heart rate, fitness test
- Hand pulse sensors and wireless heart rate receiver compatible (5kHz & Bluetooth)
- Self-generating power system
- USB charging, Bluetooth FTMS, C-Safe port power/comm, cooling fan, reading rack, transport wheels
- Max user weight: 450 lb (204 kg)

The **SPIRIT CU800 Upright Bike** delivers commercial-grade durability, ergonomic comfort, and energy-efficient performance. It features a 30 lb (14 kg) flywheel and 40 levels of magnetic resistance, powered by a self-generating system, eliminating the need for external power and allowing flexible placement within any facility. The high-density foam seat offers 12 vertical as well as fore/aft adjustments, while oversized pedals with 2° inversion and a fast-latching design promote proper alignment and stability. The white multi-window LED console displays essential workout metrics including calories, distance, METs, RPM, speed, and watts. With 11 built-in programs, hand pulse sensors, wireless 5kHz and Bluetooth heart rate compatibility, and a lifetime frame warranty, the CU800 is a reliable and adaptable cardio solution for commercial environments.

**WARRANTY** - Light Commercial, Non-Dues Paying  
Frame: Lifetime | Brake/Parts: 5 Years  
Labour: 2 Years

### DISPLAY

- |                          |                              |
|--------------------------|------------------------------|
| ① Message Center         | ④ USB Charging Port          |
| ② Program Profile Window | ⑤ Adjustable Fan Angle       |
| ③ Fan On/Off             | ⑥ Easy-Touch Control Buttons |



# SPIRIT®

## CIC850 INDOOR CYCLE



### FEATURES

- 37 lb (17 kg) perimeter-weighted flywheel
- Feedback: distance, speed, RPM, pulse, watts, calories, Bluetooth, low battery
- 1-100 levels of magnetic resistance
- Heavy-duty three-piece crank and Hutchinson poly-V belt
- Fully adjustable racing saddle – up/down 22 positions, fore/aft
- Multi-position handlebars – up/down 14 positions, fore/aft
- Bluetooth-enabled LCD console with FTMS and heart rate monitoring
- Integrated tablet holder, dual water bottle holders, dual dumbbell storage
- SPD-compatible toe cages with a 6.9" (17.6 cm) Q factor
- Max user weight: 350 lb (160 kg)

The **SPIRIT CIC850 Indoor Cycle** is engineered for high-performance and versatility in commercial settings. It features a 37 lb (17 kg) perimeter-weighted flywheel and 1–100 levels of wireless rotary magnetic resistance for smooth, precise intensity control. A heavy-duty three-piece crank and Hutchinson poly-V belt ensure quiet, low-maintenance operation. The racing-style saddle and multi-position handlebars offer full fore/aft/up/down adjustability for an ergonomic fit and maximum performance. A Bluetooth-enabled LCD console with FTMS pairs with third-party fitness apps, while the smart resistance knob allows seamless resistance changes. Additional features include an adjustable tablet holder, dual water bottle holders, integrated dumbbell storage, SPD toe cages, a narrow 6.9" (17.6 cm) Q factor, and Bluetooth heart rate monitor compatibility. The CIC850 blends smart tech, comfort, and durability ideal for modern training environments.

### WARRANTY - Full Commercial

Frame: 10 Years | Brake/Parts: 3 Years | Labour: 1 Year  
Console/Wear Items: 1 Year

### WARRANTY - Light Commercial, Non-Dues Paying

Frame: 15 Years | Brake/Parts: 3 Years | Labour: 1 Year  
Console/Wear Items: 1 Year

### DISPLAY

- ① Tablet / Accessory Holder
- ② Performance PVC Coated Handlebars
- ③ Beverage Holders
- ④ Wireless LCD Console w/ Backlight
- ⑤ Wireless Smart Resistance Knob



# SPIRIT®

## CRS800S RECUMBENT STEPPER



### FEATURES

- Step-through frame design
- 1"-12.5" (2.5-31.7 cm) adjustable linear step range
- 360° swivel high density foam seat with 18 fore/aft adjustment and 6 recline positions
- 16 lb (7 kg) flywheel and 20 levels of magnetic resistance (5-750 watt range)
- Oversized, cushioned pedals with adjustable straps
- Large display screen
- 10 programs: manual, hill, fat burn, cardio, strength, interval, 2 custom, 2 heart rate
- Multi-grip adjustable length handles and retractable armrests
- Integrated fan and USB charging port
- Hand pulse sensors for heart rate monitoring (5kHz and Bluetooth)
- Max user weight: 450 lb (204 kg)

The **SPIRIT CRS800S Recumbent Stepper** provides total-body, low-impact exercise for users of all fitness levels and abilities. A step-through frame, 360° swivel seat, and retractable armrests ensure easy access. The self-adjusting step range spans 1"-12.5" (2.5-31.7 cm) with speeds from 10 to 210 steps per minute, ideal for rehab or high-intensity use. Oversized pedals with adjustable straps, multi-grip handles, and a high-density foam seat with 18 fore/aft and 6 recline positions ensure comfort and support. With 20 levels of magnetic resistance, users can fine-tune their intensity. The console includes a large, easy-to-read display, 8 pre-set and 2 custom programs, an integrated fan, and USB charging. Built for comfort and accessibility, CRS800S features an ergonomic design and user-friendly seat adjustments that deliver a durable and inclusive solution for wide range of users

**WARRANTY** - Light Commercial, Non-Dues Paying  
Frame: 10 Years | Brake/Parts: 5 Years  
Labour: 2 Years

### DISPLAY

- |                          |                              |
|--------------------------|------------------------------|
| ① Message Center         | ④ USB Charging Port          |
| ② Program Profile Window | ⑤ Adjustable Fan Angle       |
| ③ Fan On/Off             | ⑥ Easy-Touch Control Buttons |



# SPIRIT®

## CSC880 STAIRCLIMBER



### FEATURES

- Durable steel frame with ABS-lined steps
- 7 steps: 18" x 11" x 7" (45 x 28 x 18 cm)
- EMS magnetic control wheel with chain and poly-V belt drive
- 20 levels of magnetic resistance; 25–157 steps per minute
- Multi-window LED console
- 10 programs: rolling hills, fat burn, warm up, training, challenge, interval, target - time/vertical/calories, custom
- Hand pulse sensors, resistance controls, start/stop/pause on handlebars
- Built-in fan, accessory rack, and transport wheels
- Minimum 9' (2.7 m) ceiling height required
- Max user weight: 330 lb (150 kg)

The **SPIRIT CSC880 StairClimber** is built for light commercial use, offering a durable design and user-centric features that enhance both performance and comfort. It includes seven ABS-lined steps, each measuring 18" x 11" x 7" (45 x 28 x 18 cm), driven by an EMS magnetic control wheel for smooth, quiet, and low-maintenance operation. With 20 resistance levels and speeds ranging from 25 to 157 steps per minute, it supports a broad spectrum of fitness levels and training goals. The LED display delivers real-time feedback on key metrics such as watts, METs, vertical distance, and more. The CSC880 is equipped with 10 built-in programs, grip-coated handrails, hand pulse sensors for heart rate tracking, an emergency stop, fan, accessory rack and transport wheels. It's also backed by a 10-year frame warranty, making the CSC880 a powerful and reliable stair climbing solution for any facility.

**WARRANTY** - Light Commercial, Non-Dues Paying  
Frame: 10 Years | Brake/Parts: 5 Years | Labour: 2 Years  
Wear Items: 6 Months

### DISPLAY

- ① Multi-Window Display
- ② Premium, Ultra-Bright White LED Display
- ③ Easy Access Program Buttons
- ④ Large LED Matrix Window
- ⑤ Numeric Keypad
- ⑥ 2-Speed Fan for Workout Comfort



# SPIRIT®

## CRW800 ROWER



Folded View



### FEATURES

- Solid steel frame with aluminum monorail; foldable design
- Hybrid air and magnetic resistance with 16 levels
- Ergonomically molded seat, 20" (50 cm) height
- Flex pedals with adjustable straps
- 5.5" LCD console display (2 C-type batteries required)
- 11 programs: manual, fat burn, cardio, distance, time, calories, 20/10 interval, 10/20 interval, custom interval, strength, game
- Wireless remote resistance controls on handle
- Self-generating power: no plug required
- Remote handle resistance controls (CR2032 battery included)
- Max user weight: 450 lb (204 kg)

The **SPIRIT CRW800 Rower** is built for commercial-grade durability and versatility, featuring a solid steel frame, aluminum monorail, and a lifetime frame warranty. Its hybrid air and magnetic resistance system offers 16 adjustable levels, allowing users to tailor intensity across a wide range of fitness levels. The ergonomically molded seat sits at a comfortable 20" (50cm) height for easy access, while flex pedals with quick-adjust settings ensure a secure fit. The 5.5" LCD console displays real-time data including time, distance, strokes per minute, calories, and watts. It includes 11 built-in programs and is compatible with 5kHz heart rate monitors for training precision. Self-generating power and a folding frame design add convenience, while the high 450 lb (204 kg) user capacity ensures broad user accessibility.

**WARRANTY** - Light Commercial, Non-Dues Paying  
Frame: Lifetime | Parts: 5 Years  
Labour: 2 Years

### DISPLAY

- |                              |                            |
|------------------------------|----------------------------|
| ① 5.5" LCD Window            | ④ 10 Effective Programs    |
| ② Built-In HR Receiver       | ⑤ Quick Resistance Changes |
| ③ Easy-Touch Control Buttons | ⑥ Low Battery Indicator    |



# SPIRIT®

## CRW800H2O WATER ROWING MACHINE



### FEATURES

- Heavy-duty steel frame with dual aluminum slide rails
- 45° angled water tank with 6 resistance levels
- Ergonomically molded seat, 16" (41 cm) height
- Large adjustable flex footplates with straps
- 5.5" LCD console display
- 6 programs: manual, target-time/distance/stroke/calories/heart rate
- No plug required (console - 4 AA batteries)
- Stands upright for storage
- Max user weight: 350 lb (159 kg)

The **SPIRIT CRW800H2O Water Rowing Machine** delivers a realistic, smooth rowing experience with a 45° angled water tank offering 6 levels of natural resistance. Its heavy-duty steel frame, dual aluminum slide rails, and lifetime frame warranty ensure long-term durability. The raised, ergonomically molded seat (16" / 41 cm) and large flex footplates with adjustable straps offer a secure, comfortable fit for users of all sizes. The rower is self-generating, and the 5.5" adjustable LCD console displays time, distance, calories, pulse, strokes per minute, with water level adjustment directly accessible through the console. With 5 pre-set and 1 manual program, plus 5kHz heart rate monitor compatibility, users can train with precision. Designed for easy upright storage, the CRW800H2O is a space-efficient, high-performance solution for any non dues paying facility.

**WARANTY** - Light Commercial, Non Dues Paying  
Frame: Lifetime | Tank & Seals: 5 Years  
Parts: 5 Years | Labour: 2 Years

- 1 5.5" LCD Window
- 2 5 Engaging Programs
- 3 Up / Down Navigation Buttons
- 4 Oversized Selection Buttons





# SPECIFICATIONS

# SPiRiT.

## Treadmills



CT800



CT850



CT900



CT1000ENT



RUNNING SURFACE	22 x 60"/56 x 152 cm Maintenance Free, 1" Thick Double Sided Deck, Wax-Infused 2-Ply Belt	22 x 60"/56 x 152 cm Maintenance Free, 1" Thick Double Sided Deck, Wax-Infused 2-Ply Belt	22 x 62"/56 x 157 cm Maintenance Free, 1" Thick Double Sided Waxed Deck, 2-Ply Belt	22 x 62"/56 x 157 cm Maintenance Free, 1" Thick Double Sided Waxed Deck, 2-Ply Belt
DISPLAY SCREEN	White Multi-Window LED	White Multi-Window LED	White Multi-Window LED	21.5" HD 1080P Capacitive Touchscreen
CONSOLE FEEDBACK	Calories, Distance, Incline, METs, Pace, Program, Pulse, Time Elapsed, Time Remaining, Track, Speed, Watts	Calories, Distance, Incline, METs, Pace, Program, Pulse, Time Elapsed, Time Remaining, Track, Speed, Watts	Calories, Distance, Heart Rate %, Incline, METs, Pace, Program, Pulse, Time Elapsed, Time Remaining, Track, Speed, Watts	Average Pace, Calories, Distance, Elevation Gain, Heart Rate, Incline, METs, Pace, Speed, Time, Time Left
PROGRAMS	Manual, Hill, Fat Burn, Cardio, HIIT, Interval, 5K, 10K, Custom, 2 Heart Rate, 7 Fitness Tests	Manual, Hill, Fat Burn, Cardio, HIIT, Interval, 5K, 10K, Custom, 2 Heart Rate, 7 Fitness Tests	Manual, Hill, Fat Burn, Cardio, HIIT, Interval, 5K, 2 Heart Rate, 9 Fitness Tests	Manual, Hill, Fat Burn, Cardio, HIIT, Interval, 5K, 10K, Custom, 2 Heart Rate, 8 Fitness Tests, Strength
HEART RATE	Hand Pulse Sensors, Bluetooth & 5 kHz Receiver Compatible (Chest Strap Not Included)	Hand Pulse Sensors, Bluetooth & 5 kHz Receiver Compatible (Chest Strap Not Included)	Hand Pulse Sensors, 5 kHz Receiver Compatible (Chest Strap Not Included)	Hand Pulse Sensors, Bluetooth Receiver Compatible (Chest Strap Not Included)
POWER	120V/15A NEMA 5-15 Cord/Outlet, 120"/305 cm	120V/20A NEMA 5-20 Cord/Outlet, 120"/305 cm	120V/20A NEMA 5-20 Cord/Outlet, 120"/305 cm	120V/20A NEMA 5-20 Cord/Outlet, 120"/305 cm
DRIVE MOTOR	4.0 HP DC Drive Motor	4.0 HP AC Drive Motor	5.0 HP AC Drive Motor	5.0 HP AC Drive Motor
SPEED	0.5-12 mph/0.8-20 kph, Direct Speed Buttons	0.3-12 mph/0.5-20 kph, Direct Speed Buttons	0.5-12 mph/0.8-20 kph, Direct Speed Buttons	0.5-15 mph/0.8-24 kph, Direct Speed Buttons
INCLINE	0-15 Levels, Direct Incline Buttons	0-15 Levels, Direct Incline Buttons	0-15 Levels, Direct Incline Buttons	0-15 Levels, Direct Incline Buttons
ROLLERS	Front 3.0"/7.5 cm , Rear 3.0"/7.5 cm	Front 3.0"/7.5 cm , Rear 3.0"/7.5 cm	Front 3.0"/7.5 cm , Rear 3.0"/7.5 cm	Front 3.0"/7.5 cm , Rear 3.0"/7.5 cm
PRODUCT WEIGHT	379 lb/172 kg	379 lb/172 kg	516 lb/234 kg	528 lb/240 kg
FOOTPRINT	85"L x 36"W x 61"H / 216L x 91W x154 H cm	85"L x 36"W x 61"H / 216L x 91W x154 H cm	84"L x 36"W x 60"H / 214L x90W x 153H cm	84"L x 36"W x 62"H / 214L x 90W x 157H cm
MAX USER WEIGHT	450 lb/204 kg	450 lb/204 kg	450 lb/204 kg	450 lb/204 kg



## Treadmill Additional Features

	CT800	CT850	CT900	CT1000ENT
SCREEN MIRRORING				✓
BLUETOOTH FTMS	✓	✓		✓
C-SAFE PORT POWER/COMM	✓	✓	✓ (POWER ONLY)	✓
WI-FI				✓
PRE-LOADED APPS				✓
COMPATIBLE W/GARMIN WEARABLES & APPLE WATCH				✓
READING RACK	✓	✓	✓	✓
USB CHARGING PORT	✓	✓		✓
ACCESSORY TRAYS/BEVERAGE HOLDER	✓	✓	✓	✓
ADJUSTABLE COOLING FAN	✓	✓	✓	
TRANSPORT WHEELS	✓	✓	✓	✓

**SPiRiT**

Ellipticals



CE800



CE850



CE900



CE1000ENT



DISPLAY SCREEN	White Multi-Window LED	White Multi-Window LED	White Multi-Window LED	15.6" HD 1080p Capacitive Touchscreen
CONSOLE FEEDBACK	Calories, Distance, Level, METs, Program, Pulse, RPM, Speed, Time Elapsed, Time Remaining, Watts	Calories, Distance, Level, METs, Program, Pulse, RPM, Speed, Stride, Time Elapsed, Time Remaining, Watts	Calories, Calories/Hour, Distance, Heart Rate, Heart Rate %, Laps, Level, METS, Program, Strides, Strides/Min, Time Elapsed, Time Remaining, Watts	Average Power/Speed/ Level, Calories, Distance, Heart Rate, Level, METs, Power (Watts), Speed (RPM), Time, Time Left
PROGRAMS	Manual, Hill, Fat Burn, Cardio, HIIT, Interval, Constant Power, Custom, 2 Heart Rate, Fitness Test	Manual, Hill, Fat Burn, Cardio, HIIT, Interval, Custom, 2 Heart Rate, Fitness Test	Manual, Hill, Fat Burn, Cardio, HIIT, Interval, 2 Heart Rate, Strength, Watts	Manual, Hill, Fat Burn, Cardio, HIIT, Interval, Heart Rate, Strength, Fitness Test, Watts
HEART RATE	Hand Pulse Sensors, Bluetooth & 5 kHz Receiver Compatible (Chest Strap Not Included)	Hand Pulse Sensors, Bluetooth & 5 kHz Receiver Compatible (Chest Strap Not Included)	Hand Pulse Sensors, 5 kHz Receiver Compatible (Chest Strap Not Included)	Hand Pulse Sensors, Bluetooth Receiver Compatible (Chest Strap Not Included)
POWER	Self-Generating	Plug-In	Self-Generating	Plug-In
RESISTANCE	40 Levels, Magnetic	20 Levels, Magnetic	40 Levels, Magnetic	40 Levels, Magnetic
FLYWHEEL	30 lb/14 kg, 9.4:1 Pedal To Flywheel Ratio	30 lb/14 kg, 8.6:1 Pedal To Flywheel Ratio	30 lb/14 kg, 11.4:1 Pedal To Flywheel Ratio	30 lb/14 kg, 12:1 Pedal To Flywheel Ratio
TRACK SYSTEM	Dual Rail	Dual Rail	Dual Rail	Dual Rail
STRIDE LENGTH	20"/50 cm	Adjustable, 18" - 24"/46 - 61 cm 0.5"/1.3 cm increments	21"/53 cm	21"/53 cm
HANDLEBAR	Heavy-Grade Rubber Coated	Multi-Position Grip	Multi-Position Grip	Multi-Position Grip
HANDLEBAR TOGGLES	NA	Integrated Stride (Left) & Resistance (Right) Controls	NA	NA
FOOT PEDALS	Oversized, Cushioned, Non-Adjustable, 2° Inversion	Oversized, Cushioned, Non-Adjustable, 2° Inversion	Oversized, Cushioned, Non-Adjustable, 2° Inversion	Oversized, Cushioned, Non-Adjustable, 2° Inversion
PRODUCT WEIGHT	245 lb/111 kg	275 lb/125 kg	397 lb/180 kg	398 lb/181 kg
FOOTPRINT	80"L x 24"W x 70"H / 198L x 62W x 178H cm	85"L x 32"W x 71"H / 215L x 82W x 180H cm	77"L x 32"W x 66"H / 195L x 82W x 169H cm	77"L x 32"W x 66"H / 195L x 82W x 169H cm
MAX USER	450 lb/204 kg	450 lb/204 kg	450 lb/204 kg	450 lb/204 kg



## Elliptical Additional Features

	CE800	CE850	CE900	CE1000ENT
SCREEN MIRRORING				✓
BLUETOOTH FTMS	✓	✓		✓
C-SAFE PORT POWER/COMM	✓	✓	✓ (POWER ONLY)	✓
WI-FI				✓
PRE-LOADED APPS				✓
COMPATIBLE W/GARMIN WEARABLES & APPLE WATCH				✓
USB CHARGING PORT	✓	✓		✓
ACCESSORY TRAYS/BEVERAGE HOLDER	✓	✓	✓	✓
ADJUSTABLE COOLING FAN	✓	✓	✓	
TRANSPORT WHEELS	✓	✓	✓	✓

# SPIRIT®

## Recumbent Bikes



CR800



CR900



CR1000ENT



DISPLAY SCREEN	White Multi-Window LED	White Multi-Window LED	15.6" HD 1080P Capacitive Touchscreen
CONSOLE FEEDBACK	Calories, Distance, Level, MET's, Program, Pulse, RPM, Speed, Time Elapsed, Time Remaining, Watts	Calories, Calories/Hour, Distance, Heart Rate, Laps, Level, METS, RPM, Speed, Time Elapsed, Time Remaining, Watts	Average Power/Speed/ Level, Calories, Distance, Heart Rate, Level, MET's, Power (Watts), Speed (RPM), Time, Time Left
PROGRAMS	Manual, Hill, Fat Burn, Cardio, HIIT, Interval, Constant Power, Custom, 2 Heart Rate, Fitness Test	Manual, Hill, Fat Burn, Cardio, HIIT, Strength, Interval, 2 Heart Rate, Fitness Test, Watts	Manual, Hill, Fat Burn, Cardio, HIIT, Interval, Custom, Heart Rate, Fitness Test, Strength, Watts
HEART RATE	Hand Pulse Sensors, Bluetooth & 5 kHz Receiver Compatible (Chest Strap Not Included)	Hand Pulse Sensors, 5 kHz Receiver Compatible (Chest Strap Not Included)	Hand Pulse Sensors, Bluetooth Receiver Compatible (Chest Strap Not Included)
POWER	Self-Generating	Self-Generating	Plug-In
RESISITANCE LEVELS	40 Levels, Magnetic, Single Way	40 Levels, Magnetic, Single Way	40 Levels, Magnetic, Single Way
FLYWHEEL	30 lb/14 kg, 9.4:1 Pedal To Flywheel Ratio	30 lb/14 kg, 9.4:1 Pedal To Flywheel Ratio	30 lb/14 kg, 12:1 Pedal To Flywheel Ratio
SEAT	High Density Foam w/Padded Back	High Density Foam w/Padded Back	High Density Foam w/Padded Back
SEAT ADJUSTMENT	Fore/Aft - 14 Positions	Fore/Aft - 18 Positions	Fore/Aft - 18 Positions
PEDALS	Oversized w/Fast Latch System, 2° Inversion	Oversized w/Fast Latch System, 2° Inversion	Oversized w/Fast Latch System, 2° Inversion
PRODUCT WEIGHT	163 lb/74 kg	198 lb/90 kg	196 lb/89 kg
FOOTPRINT	60"L x 29"W x 51"H / 151L x 74W x 129H cm	66"L x 29"W x 49"H / 169L x 74W x 124H cm	68"L x 29"W x 47"H / 173L x 74W x 120H cm
MAX USER WEIGHT	450 lb/204 kg	450 lb/204 kg	450 lb/204 kg



## Recumbent Bike Additional Features

	CR800	CR900	CR1000ENT
SCREEN MIRRORING			✓
BLUETOOTH FTMS	✓		✓
C-SAFE PORT POWER/COMM	✓	✓ (POWER ONLY)	✓
Wi-Fi			✓
PRE-LOADED APPS			✓
COMPATIBLE W/GARMIN WEARABLES & APPLE WATCH			✓
USB CHARGING PORT	✓		✓
ADJUSTABLE COOLING FAN	✓	✓	
ACCESSORY TRAY/ BEVERAGE HOLDER	✓	✓	✓
READING RACK	✓	✓	✓
TRANSPORT WHEELS	✓	✓	✓

**SPIRIT.**

Upright Bikes



CU800



CU900



CU1000ENT



DISPLAY SCREEN	White Multi-Window LED	White Multi-Window LED	15.6" HD 1080P Capacitive Touchscreen
CONSOLE FEEDBACK	Calories, Distance, Level, METs, Program, Pulse, RPM, Speed, Time Elapsed, Time Remaining, Track, Watts	Calories, Calories/Hour, Distance, Heart Rate, Laps, Level, METs, Program, RPM, Speed, Time Elapsed, Time Remaining, Watts	Average Power/Speed/ Level, Calories, Distance, Heart Rate, Level, METs, Power (Watts), Speed (RPM), Time, Time Left
PROGRAMS	Manual, Hill, Fat Burn, Cardio, HIIT, Interval, Constant Power, Custom, 2 Heart Rate, Fitness Test	Manual, Hill, Fat Burn, Cardio, HIIT, Strength, Interval, 2 Heart Rate, Fitness Test, Watts	Manual, Hill, Fat Burn, Cardio, HIIT, Interval, Custom, Heart Rate, Strength, Watts, Fitness Test
HEART RATE	Hand Pulse Sensors, Bluetooth & 5 kHz Receiver Compatible (Chest Strap Not Included)	Hand Pulse Sensors, 5 kHz Receiver Compatible (Chest Strap Not Included)	Hand Pulse Sensors, Bluetooth Receiver Compatible (Chest Strap Not Included)
POWER	Self-Generating	Self-Generating	Plug-In
RESISTANCE LEVELS	40 Levels, Magnetic, Single Way	40 Levels, Magnetic, Single Way	40 Levels, Magnetic, Single Way
FLYWHEEL	30 lb/14 kg, 9.4:1 Pedal To Flywheel Ratio	30 lb/14 kg, 9.4:1 Pedal To Flywheel Ratio	30 lb/14 kg, 12:1 Pedal To Flywheel Ratio
SEAT	Over-Sized, High Density Foam	Over-Sized, High Density Foam	Over-Sized, High Density Foam
SEAT ADJUSTMENT	Up/Down - 12 Positions, Fore/Aft	Up/Down - 12 Positions	Up/Down - 11 Positions
HANDLEBAR ADJUSTMENT	NA	NA	NA
PEDALS	Oversized w/Fast Latch System, 2° Inversion	Oversized w/Fast Latch System, 2° Inversion	Oversized w/Fast Latch System, 2° Inversion
PRODUCT WEIGHT	130 lb/59 kg	142 lb/65 kg	140 lb/63 kg
FOOTPRINT	49"L x 25"W x 57"H / 123L x 65W x 147H cm	48"L x 25"W x 55"H / 121L x 64W x 139H cm	48"L x 25"W x 55"H / 121L x 64W x 139H cm
MAX USER WEIGHT	450 lb/204 kg	450 lb/204 kg	450 lb/204 kg

**SPIRIT®**

Upright Bikes



CIC850



AB920

DISPLAY SCREEN	3.7" x 2.2" LCD Display, Wireless	5.5" Backlit LCD Display, Single Window
CONSOLE FEEDBACK	Average RPM, Bluetooth Indicator, Calories, Distance, Low Battery Indicator, Pulse, RPM, Resistance Levels, Scan, Speed, Watts	Calories, Distance, Heart Rate, RPM, Speed, Time, Watts
PROGRAMS	Manual	Quick Start, Custom Interval, Interval 20/10, Interval 10/20, Target -Time/Distance/Calories/Heart Rate 65%, 80%
HEART RATE	Bluetooth Heart Rate Monitor Compatible (Chest Strap Not Included)	Bluetooth & 5 kHz Receiver Compatible (Chest Strap Not Included)
POWER	Batteries (Console, Speed Sensor, Smart Tension)	Batteries (Console, 4AA)
RESISTANCE LEVELS	1-100, Rotary Knob, Micro-Adjustments, Magnetic, Two Way	Infinite Levels of Air Resistance
FLYWHEEL	37 lb/17 kg 4.3:1 Pedal To Flywheel Ratio	10 Blades, 27" Diameter
SEAT	High Density Foam Racing Saddle	Over-Sized, High Density Foam
SEAT ADJUSTMENT	Up/Down - 22 Positions, Fore/Aft	Up/Down - 10 Positions, Fore/Aft - 6 Positions
HANDLEBAR ADJUSTMENT	Up/Down - 14 Positions, Fore/Aft	NA
PEDALS	SPD, Toe Cage, Q Factor 176mm	Anti-slip Ergonomic Pedals
PRODUCT WEIGHT	128 lb/58 kg	147 lb/67 kg
FOOT PRINT	59"L x 22"W x 54"H / 150L x 56W x 136H cm	62"L x 13"W x 57"H / 157L x 77W x 146H cm
MAX USER WEIGHT	350 lb/160 kg	350 lb/160 kg



## Upright Bike Additional Features

	CU800	CIC850	CU900	AB920	CU1000ENT
SCREEN MIRRORING					✓
BLUETOOTH FTMS	✓	✓		✓	✓
C-SAFE PORT POWER/COMM	✓		✓ (POWER ONLY)		✓
WI-FI					✓
PRE-LOADED APPS					✓
COMPATIBLE W/GARMIN WEARABLES & APPLE WATCH					✓
USB CHARGING PORT	✓				✓
WIRELESS RESISTANCE KNOB		✓			
ACCESSORY TRAYS/BEVERAGE HOLDER	✓	✓	✓	✓	✓
DUAL DUMBBELL HOLDER		✓			
ADJUSTABLE COOLING FAN	✓		✓		
READING RACK	✓	✓	✓	✓	✓
TRANSPORT WHEELS	✓	✓	✓	✓	✓

# SPIRIT®

## Steppers



CRS800S



CSC880



CSC900

DISPLAY SCREEN	White Multi-Window LED	White Multi-Window LED	White Multi-Window LED
CONSOLE FEEDBACK	Calories, Distance, Level, METs, Program, Pulse, Steps, Steps/Minute, Time Elapsed, Time Remaining, Track, Watts	Calories, Calories/ Minute, Floors, Heart Rate, Level, METS, Program, Time, Steps, Steps/Minute, Vertical Distance, Watts	Calories, Calories/ Minute, Elapsed Time, Floors, Heart Rate, Level, METS, Program, Remaining Time, Steps, Steps/Minute, Total Time, Vertical Distance, Watts
PROGRAMS	Manual, Hill, Fat Burn, Cardio, Strength, Interval, 2 Custom, 2 Heart Rate	Rolling Hills, Fat Burn, Warm Up, Training, Challenge, Interval, Target - Time/Vertical/Calories, User Program	Rolling Hills, Fat Burn, Fitness Tests, Warm Up, WFI/CPAT Training, Challenge, Interval, Target - Time/Vertical/Calories, User Program
HEART RATE	Hand Pulse Sensors, Bluetooth & 5 kHz Receiver Compatible (Chest Strap Not Included)	Hand Pulse Sensors	Hand Pulse Sensors
POWER	Plug-In	Plug-In	Plug-In
RESISTANCE LEVELS	20 Levels Magnetic (5-750 Watt Range)	20 Levels Magnetic	20 Levels Magnetic
FLYWHEEL	16 lb/7 kg	NA	NA
SEAT	360°, High Density Foam, Swivel Seat	NA	NA
SEAT ADJUSTMENT	Fore/Aft - 18 Positions, Recline - 6 Positions	NA	NA
PEDALS	Oversized, Cushioned, Adjustable Straps	NA	NA
LINEAR STEP RANGE	1" - 12.5" / 2.5 - 31.7 cm	NA	NA
STEP RATE	10 - 210 Steps/Minute	25 - 157 Steps/Minute	25 - 160 Steps/Minute
NUMBER OF STEPS	NA	7 Total Steps	8 Total Steps
STEP DIMENSIONS	NA	18"W x 11"D x 7" H / 45W x 28D x 18H cm	22"W x 11"D x 8" H / 55W x 28D x 20H cm
FOOTPRINT	69"L x 35"W x 49"H / 174L x 88W x 126H cm	63"L x 31"W x 79"H* / 159L x 79W x 200H cm* * Minimum 9' Ceiling Height Required	64"L x 38"W x 83"H* / 163L x 97W x 211H cm* * Minimum 10' Ceiling Height Required
PRODUCT WEIGHT	262 lb/119 kg	418 lb/190 kg	506 lb/230 kg
MAX USER WEIGHT	450 lb/204 kg	330 lb/150 kg	450 lb/204 kg



## Stepper Additional Features

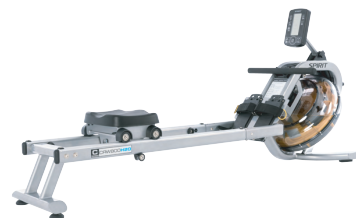
	CRS800S	CSC880	CSC900
C-SAFE PORT POWER/COMM	✓		
USB CHARGING PORT	✓		
BLUETOOTH FTMS	✓		
HEIGHT ADJUSTABLE / RETRACTABLE ARM RESTS	✓		
ADJUSTABLE COOLING FAN	✓	✓	✓
BEVERAGE HOLDER	✓		
START/STOP PAUSE BUTTONS ON HANDLE BARS		✓	✓
TABLET RACK		✓	✓
ACCESSORY TRAY		✓	✓
TRANSPORT WHEELS	✓		

**SPIRIT**<sup>®</sup>

Rowers



CRW800



CRW800H2O

DISPLAY SCREEN	Adjustable 5.5" Wireless LCD	Adjustable 5.5" Wireless LCD
CONSOLE FEEDBACK	Calories, Distance, Heart Rate, Level, Program, Strokes/Min, Time, Watts	Calories, Distance, Level Time, Pulse, Strokes/Min, Time 500 / Avg Time 500, Total Stroke, Watts
PROGRAMS	Manual, Fat Burn, Cardio, Distance, Time, Calories, 20/10 Interval, 10/20 Interval, Custom Interval, Strength, Game	Manual, Target - Time/ Distance/Stroke/Calories/ Heart Rate
HEART RATE	5kHz Wireless Heart Rate Monitor Compatible (Chest Strap Not Included)	5kHz Wireless Heart Rate Monitor Compatible (Chest Strap Not Included)
POWER	Self-Generating, Battery (Console)	Battery (Console)
RESISTANCE LEVELS	Air & Magnetic, 16 Levels	Water, 6 Levels
FLYWHEEL	7.5 lb/3.5 kg	NA
RAIL LENGTH	54"/137 cm	41"/103 cm
SEAT TRAVEL LENGTH	40"/101 cm	29"/74 cm
SEAT HEIGHT	20"/50 cm	16"/41 cm
SEAT	Ergonomically Molded Cushion	Ergonomically Molded Cushion
PEDALS	Flex w/ Easy-Adjust Numbered Settings	Flex w/ Easy-Adjust Numbered Settings
PRODUCT WEIGHT	101 lb/46 kg	76 lb/35 kg
FOOTPRINT	94"L x 18"W x 38"H / 239L x 46W x 97H cm	79"L x 20"W x 37"H / 201L x 51W x 94H cm
FOLDED DIMENSIONS	53"L x 18"W x 71"H / 135L x 46W x 181H cm	27"L x 20"W x 79"H / 69L x 51W x 201H cm
MAX USER WEIGHT	450 lb/204 kg	350 lb/159 kg



## Rower Additional Features

	CRW800	CRW800H2O
FOLD-UP FRAME DESIGN	✓	
STANDING FRAME DESIGN		✓
WIRELESS REMOTE HANDLE FOR RESISTANCE CHANGES	✓	
WATER LEVEL ADJUSTMENT ON CONSOLE		✓
PRESSURE TESTED TANK / ANGLED @ 45°		✓
LOW BATTERY INDICATOR	✓	
TRANSPORT WHEELS	✓	✓



SPIRIT

***SPIRIT***

COMMERCIAL STRENGTH CATALOGUE

® 2026

**SPIRIT**<sup>®</sup>



**SPIRIT**<sup>®</sup>

# STRENGTH EQUIPMENT



CSF-FUNT  
FUNCTIONAL TRAINER



CSF-HRAC  
HALF RACK



CSF-SMTH  
SMITH MACHINE



CSF-ADJB  
ADJUSTABLE BENCH



CSF-3TDB  
3-TIER DUMBBELL RACK

# **SPIRIT**<sup>®</sup>

## FUNCTIONAL TRAINER CSF-FUNT



### FEATURES

- Dual 200 lb (91 kg) enclosed weight stacks with 10 lb (4.5 kg) increments, featuring a 2:1 pulley ratio
- 83" of cable travel accommodates a wide range of exercises and user heights
- EXERFLEX PRO cables with 2,000 lb (907 kg) breaking strength
- Wide base, multiple pull-up grips, and 16 pulley height adjustments
- Accessories included : revolving long bar, revolving short bar, single grip handles (2), tricep rope, ankle strap
- Max user weight: 400 lb (182 kg)

The **SPIRIT Functional Trainer** is a compact, high-performance solution designed for commercial environments. Built on a heavy-gauge steel frame, it offers lasting durability and smooth operation across a wide range of functional and strength movements. Dual 200 lb (91 kg) weight stacks with a 2:1 pulley ratio allows precise resistance adjustments in 10 lb (4.5 kg) increments using secure magnetic pins.

Fully enclosed stacks enhance user safety, while extended cable travel and multiple pull-up grip positions accommodate users of various heights and fitness levels. Clear workout diagrams on each shroud offer guidance, and quick trigger-style pulley height adjustments ensure fast transitions between exercises.

The open, wide-based design provides space for a bench or stability ball to increase training variety. With premium accessories and intuitive functionality, the unit delivers versatility, convenience, and lasting performance ideal for corporate fitness centres, hotel gyms, schools, and community recreation spaces.

### WARRANTY - Full Commercial

**Frame/Welds/Cams/Plates** : 10 Years  
**Bushings/Shocks/Guide Rods/Pulleys/Bearings** : 5 Years  
**Paint/Finishes/Rubber Grips/  
Pull-pin Components /Labour** : 1 Year  
**Belt/Cables/Attachments/All Other Parts** : 6 Months

# **SPIRIT**®

## HALF RACK CSF-HRAC



### FEATURES

- 650 lb (294 kg) dual safety catch weight capacity
- 17 height adjustments for J-Hook bar holders and safety stop placement
- Includes band pegs, pull-up grips, 2 barbell storage slots, and 8 storage horns
- Heavy-gauge steel frame with high-quality powder coat finish
- Wide base and reinforced frame provide superior stability

The **SPIRIT Half Rack** delivers versatility, safety, and performance for athletes of all levels. Designed for a wide range of lifts, it features J-Hook style bar holders and adjustable safety stops for added confidence during workouts.

Enhance training variety with standard band pegs, multiple pull-up grips, and a 650 lb (294 kg) dual safety catch capacity, ensuring users stay challenged and engaged. Eight storage horns keep weights organized and off the floor, maintaining a clean and efficient space.

Built from heavy-gauge steel with commercial-grade components and a high-quality powder coat finish, the CSF-HRAC Half Rack is engineered for durability and long-term performance. The wide base and reinforced frame provide superior stability, while the high-load capacity makes it suitable for serious strength training.

### WARRANTY - Full Commercial

**Frame/Welds:** 10 Years

**Bushing/Guide Rods:** 5 Years

**Labour :** 1 Year

**Paint/Finishes/Grips/Attachments/**

**All Other Parts:** 6 Months

# **SPIRIT**®

## SMITH MACHINE CSF-SMTH



### FEATURES

- 11 lb (5 kg) counterbalanced bar for low resistance start
- 550 lb (250 kg) bar loading capacity, 275 lb (125 kg) Per side
- 12 adjustable bar stops in easy-to-identify increments
- 6 weight storage horns and non-slip rubber feet
- Heavy-gauge steel frame with durable powder coating

Elevate strength training with the **SPIRIT Smith Machine**, designed for safe and effective workouts. Engineered with a streamlined setup, it supports a wide range of lifts including squats, bench presses, and shoulder shrugs making it a versatile centerpiece for any training facility.

Built for all fitness levels, the counterbalanced bar starts at 11 lb (5 kg), providing a low starting resistance. Adjustable bar stops ensure safety with small, easy-to-identify increments, giving users confidence in every lift. With a 550 lb (249.5 kg) weight capacity, this machine challenges athletes at any level.

Additional features include six storage horns for organized weight storage and non-slip rubber feet for enhanced stability and floor protection. Built from heavy-gauge steel and finished with a durable, high-quality powder coat, the CSF-SMTH Smith Machine ensures long-lasting performance and resistance to wear in any training environment.

### **WARRANTY - Full Commercial**

**Frame/Welds:** 10 Years

**Bushings/Guide Rods:** 5 Years

**Labour:** 1 Year

**Paint/Finishes/Attachments/All Other Parts:** 6 Months

# **SPIRIT**<sup>®</sup>

## ADJUSTABLE BENCH CSF-ADJB



### FEATURES

- Adjustable back pad (0°,15°,45°,60°,75°,90°)
- 4 seat angles (0°,15°,40°,60°)
- High-density foam seat/back pads with reinforced stitching
- Heavy-gauge steel frame with commercial-grade components
- Built-in transport wheels and comfort grip handle for easy moving
- Weight capacity: 617 lb (280 kg)\* User plus lifting weight

The **SPIRIT Adjustable Bench** delivers versatility, comfort, and durability making it essential for any strength training space. The back pad adjusts from 0° to 90°, with spring-loaded lock pins for quick, secure angle changes. Four-seat positions offer added stability and support for proper form across a variety of exercises. Built to perform in high-use environments, it features contoured high-density foam pads, premium upholstery, and reinforced stitching for long-lasting comfort and easy maintenance.

A heavy-gauge steel frame and commercial-grade components ensure durability, while built-in transport wheels and a comfort grip handle provide effortless mobility. PVC foot covers protect floors and enhance stability. The CSF-ADJB is engineered to handle the demands of light commercial settings with reliable performance and user-friendly adjustability.

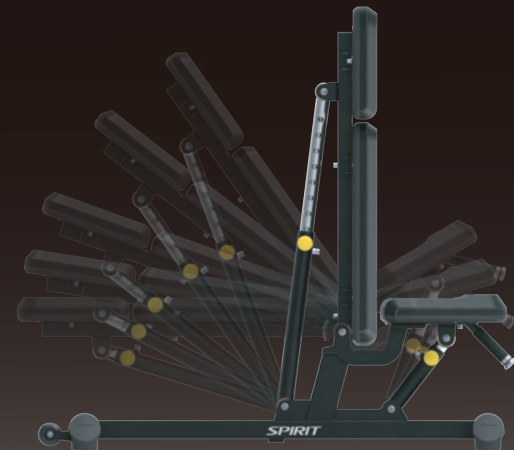
### WARRANTY - Full Commercial

**Frame/Welds:** 10 Years

**Parts:** 5 Years

**Labour:** 1 Year

**Paint/Finishes/Attachments/All Other Parts:** 6 Months



# ***SPIRIT***<sup>®</sup>

## 3-TIER DUMBBELL RACK CSF-3TDB



### FEATURES

- 48" (122 cm) adjustable angle shelves
- Depth/Angles: • Top Level : 13" (33 cm) / 0°, 25°, 55°
  - Middle Level : 15" (38 cm) / 0°, 25°, 55°
  - Lower Level : 17" (43 cm) / 0°, 25°, 55°
- Heavy-gauge steel frame
- Max load capacity : • Top/Middle Level : 500 lb (227 kg)
  - Lower Level : 600 lb (272 kg)
- Rubber foot covers for stability and protection

Maximize storage and organization with the **SPIRIT 3-Tier Adjustable Dumbbell Rack**, a must-have for any fitness facility. Its 48" (122 cm) wide shelves feature an adjustable angle, allowing for versatile storage of dumbbells, kettlebells, and more.

Designed for durability, this rack boasts a heavy-gauge steel frame with commercial-grade components to withstand high-traffic use. Rubber foot covers enhance stability while protecting floors from damage.

Keep weights off the ground, streamline your space, and ensure easy access with this premium storage solution.

### WARRANTY - Full Commercial

**Frame/Welds:** 10 Years

**Labour:** 1 Year

**Paint/Finishes/Attachments/All Other Parts:** 6 Months

**SPIRIT**<sup>®</sup>



**SPIRIT**<sup>®</sup>

# DUALS



CSD - BCTE  
BICEPS CURL / TRICEPS EXTENSION



CSF - LPCE  
LEG PRESS / CALF EXTENSION



CSD - LELC  
LEG CURL / LEG EXTENSION



CSD - CPSP  
CHEST PRESS / SHOULDER PRESS



CSD - LPSR  
LAT PULLDOWN / SEATED ROW



CSD - PFRD  
PEC FLY / REAR DELT



CSD - ITOT  
INNER / OUTER THIGH



CSD - PUDA  
PULL UP / DIP ASSIST

# SPIRIT®

## BICEPS CURL / TRICEPS EXTENSION CSD-BCTE



### FEATURES

- Premium beveled pads with sport stitching
- 5 lb (2 kg) increment weight
- 180 lb (82 kg) weight stack
- Premium strength cables
- Large storage tray at top of tower
- Integrated rep counter and time display
- Max user weight 360 lb (163kg)

The **SPIRIT Biceps Curl and Triceps Extension** machine features an angled arm pad designed to minimize shoulder movement, allowing for targeted emphasis on either the biceps or triceps. The curling/extension bar is adaptable, pivoting to accommodate different forearm lengths and axis of rotation alignment. The adjustable seat ensures ergonomic alignment of elbows with the machine. To enhance the user's experience, the machine is equipped with a built-in rep counter and top cap storage.

### WARRANTY - Full Commercial

**Frame/Weight Plates/Cams/Swivel Welded Parts:**

10Years

**Bushings/Bearings/Shocks/Pulleys/Guide Rod:** 5 Years

**Paint and Finishes/Cables/Grips/Counter/Timer/  
Pull-Pin Components/Rail Wheels/Attachments/All**

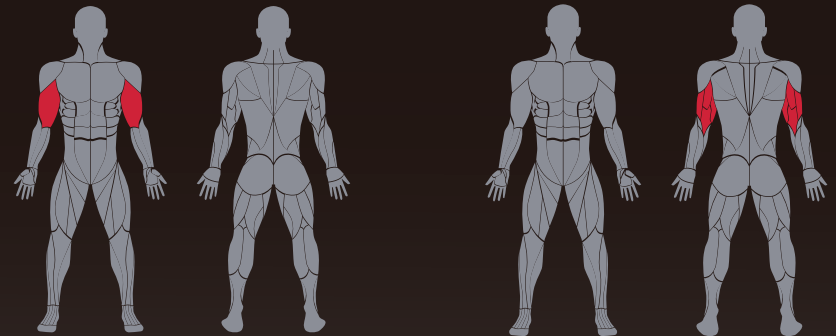
**Other Parts:** 1 Year

**Labour:** 1 Year

**Upholstery:** 6 Months

Bicep Curl

Tricep Extension



# SPIRIT®

## LEG PRESS / CALF EXTENSION CSD-LPCE



### FEATURES

- Premium beveled pads with sport stitching
- 5 lb (2 kg) increment weight
- 220 lb (91 kg) weight stack
- Premium strength cables
- Large storage tray at top of tower
- Integrated rep counter and time display
- Max user weight 360 lb (163kg)

The **SPIRIT Leg Press and Calf Extension** machine comes equipped with a footplate and adjustable backpad angle which provides ideal positioning for both leg and calf pressing. The four-bar linkage in the footplate allows users to maintain ergonomic ankle alignment throughout each movement, as well as an angled lower section to help with calf press positioning. An integrated rep counter keeps users motivated set after set, while built-in storage on the top cap keeps accessories close by.

### WARRANTY - Full Commercial

**Frame/Weight Plates/Cams/Swivel Welded Parts:**

10 Years

**Bushings/Bearings, Shocks/Pulleys/Guide Rods:** 5 Years

**Paint and Finishes/Cables/Grips/Counter/Timer/**

**Pull-Pin Components/Rail Wheels/Attachments/All**

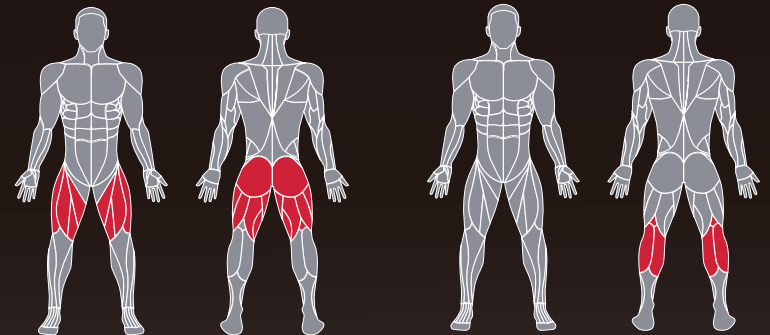
**Other Parts:** 1 Year

**Labour:** 1 Year

**Upholstery:** 6 Months

Leg Press

Calf Extension



# SPIRIT®

## LEG EXTENSION/LEG CURL CSD-LELC



### FEATURES

- Premium beveled pads with sport stitching
- 5 lb (2 kg) increment weight
- 225 lb (102 kg) weight stack
- Premium strength cables
- Large storage tray at top of tower
- Integrated rep counter and time display
- Max user weight 360 lb (163kg)

The **SPIRIT Leg Extension and Leg Curl** machine offers versatile exercises that target opposing muscle groups – the quadriceps and hamstrings. Users can easily switch and adjust exercises without leaving their seated position, ensuring maximum convenience. The axis of rotation is optimized to provide a proper feel for both types of movements. Additionally, an integrated rep counter and top cap storage keep users motivated and engaged throughout their sets.

### WARRANTY - Full Commercial

**Frame/Weight Plates/Cams/Swivel Welded Parts:**  
10 Years

**Bushings/Bearings/Shocks/Pulleys/Guide Rods:** 5 Years  
**Paint and Finishes/Cables/Grips/Counter/Timer/Pull-Pin Components/Rail Wheels/Attachments/All Other Parts:**

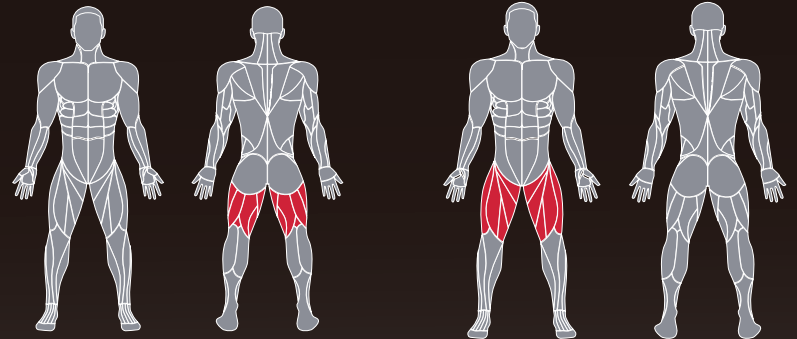
1 Year

**Labour:** 1 Year

**Upholstery:** 6 Months

Leg Curl

Leg Extension



# SPIRIT®

## CHEST PRESS / SHOULDER PRESS CSD-CPSP



### FEATURES

- 4-bar linkage seat provides easy adjustment
- Premium beveled pads with sport stitching
- 5 lb (2 kg) increment weight
- 200 lb (91 kg) weight stack
- Premium strength cables
- Large storage tray at top of tower
- Integrated rep counter and time display
- Max user weight 360 lb (163kg)

The **SPIRIT Chest Press and Shoulder Press** machine offers various grip options for both chest and shoulder exercises. An integrated rep counter and built-in storage top cap makes each workout convenient, while the adjustable seat and back pad adjust for ultimate comfort. Users can adjust for two different chest press angles with an ergonomic bilateral and converging axis pressing arm motion.

### WARRANTY - Full Commercial

**Frame/Weight Plates/Cams/Swivel Welded Parts:**  
10 Years

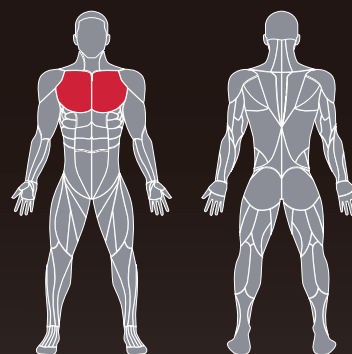
**Bushings/Bearings/Shocks/Pulleys/Guide Rods:** 5 Years  
**Paint and Finishes/Cables/Grips/Counter/Timer/  
Pull-Pin Components/Rail Wheels/Attachments/All**

**Other Parts:** 1 Year

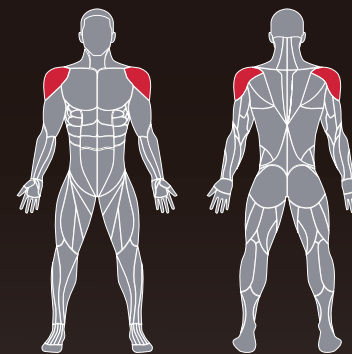
**Labour:** 1 Year

**Upholstery:** 6 Months

Chest Press



Shoulder Press



# SPIRIT®

## LAT PULLDOWN / SEATED ROW CSD-LPSR



### FEATURES

- Premium beveled pads with sport stitching
- 5 lb (2 kg) increment weight
- 200 lb (91 kg) weight stack
- Premium strength cables
- Large storage tray at top of tower
- Integrated rep counter and time display
- Max user weight 360 lb (163 kg)

The **SPIRIT Lat Pulldown and Seated Row** machine combines the two most popular back exercises into one modern design. The traditional Lat Pulldown bar can be adjusted to the user's preferred height. While in the Seated Row position, foot bars aid with stabilization and storage hooks secure the pulldown bar when not in use. An integrated rep counter keeps users motivated and built-in storage on the top cap makes storing accessories away easy.

### WARRANTY - Full Commercial

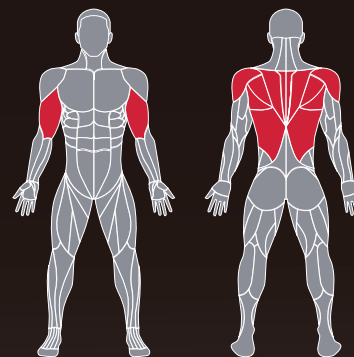
**Frame/Weight Plates/Cams/Swivel Welded Parts:**  
10 Years

**Bushings/Bearings/Shocks/Pulleys/Guide Rods:** 5 Years  
**Paint and Finishes/Cables/Grips/Counter/Timer/Pull-Pin Components/Rail Wheels/Attachments/All Other Parts:**  
1 Year

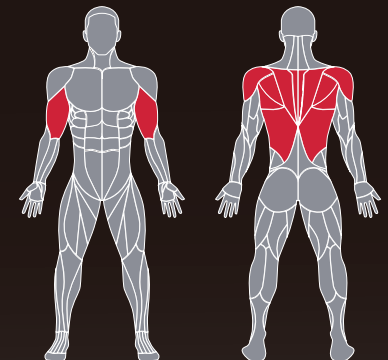
**Labour:** 1 Year

**Upholstery:** 6 Months

Lat Pulldown



Seated Row



# SPIRIT®

## PEC FLY / REAR DELT CSD-PFRD



### FEATURES

- 4-bar linkage seat provides easy adjustment
- Premium beveled pads with sport stitching
- 200 lb (91 kg) weight stack
- Premium strength cables
- Large storage tray at top of tower
- Integrated rep counter and time display
- Max user weight 360 lb (163kg)

The **SPIRIT Pec Fly and Rear Delt** offers dual exercises focused on the pectoralis and posterior deltoid muscle groups. With multiple hand grip options and an adjustable range of motion, users of all sizes can comfortably hit their next personal record. A large padded seat adjusts easily with the built-in gas-assisted riser and integrated rep counter keeps users positioned properly and engaged rep after rep.

### WARRANTY - Full Commercial

**Frame/Weight Plates/Cams/Swivel Welded Parts:**

10 Years

**Bushings/Bearings/Shocks/Pulleys/Guide Rods:** 5 Years

**Paint and Finishes/Cables/Grips/Counter/Timer/Pull-Pin**

**Components/Rail Wheels/Attachments/All Other Parts:**

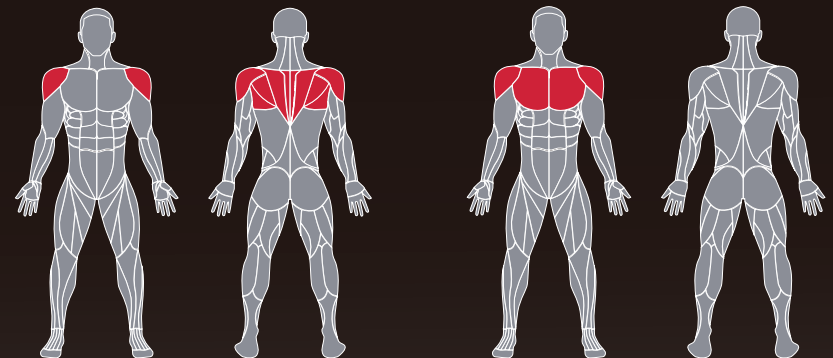
1 Year

**Labour:** 1 Year

**Upholstery:** 6 Months

Rear Delt

Pec Fly



# SPIRIT®

## INNER THIGH / OUTER THIGH CSD-ITOT



### FEATURES

- Premium beveled pads with sport stitching
- 5 lb (2 kg) increment weight
- 170 lb (77 kg) weight stack
- Premium strength cables
- Large storage tray at top of tower
- Integrated rep counter and time display
- Max user weight 360 lb (163kg)

The **SPIRIT Inner Thigh and Outer Thigh** machine saves floor space by offering dual hip exercises in one convenient design. Large thigh pads and foot supports provide comfort and stability throughout each movement. An integrated rep counter keeps users engaged rep after rep. Built-in storage on the top cap keeps accessories close, while a bar across the front of the weight tower assists with machine exit and entry.

### WARRANTY - Full Commercial

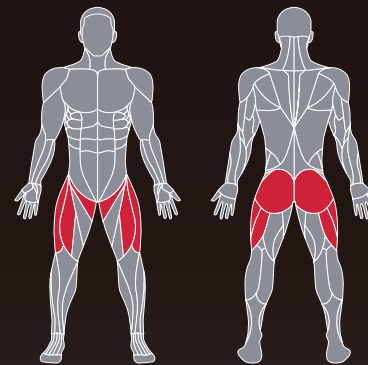
**Frame, Weight Plates/Cams/Swivel Welded Parts:**  
10 Years

**Bushings/Bearings/Shocks/Pulleys/Guide Rods:** 5 Years  
**Paint and Finishes/Cables/Grips/Counter/Timer/Pull-Pin Components/Rail Wheels/Attachments/All Other Parts:**  
1 Year

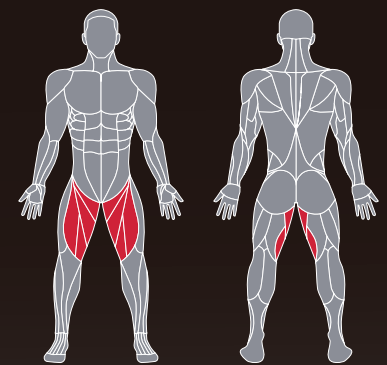
**Labour:** 1 Year

**Upholstery:** 6 Months

Inner Thigh



Outer Thigh



# SPIRIT®

## PULL UP / DIP ASSIST CSD-PUDA



### FEATURES

- Premium grips and beveled knee pad with sport stitching
- 5 lb (2 kg) increment weight
- 230 lb (104 kg) weight stack
- Premium strength cables
- Large storage tray at top of tower
- Integrated rep counter and time display
- Max user weight 360 lb (163kg)

The **SPIRIT Pull Up and Dip Assist** machine uses a weight stack to reduce the user's own body weight for pull up and dip exercises. The user platform positions users in a kneeling position for a greater sense of security. Dip handles rotate to fit different shoulder widths. An integrated, digital rep counter and timer can help users keep track of their progress.

### WARRANTY - Full Commercial

**Frame/Weight Plates/Cams/Swivel Welded Parts:**

10 Years

**Bushings/Bearings/Shocks/Pulleys/Guide Rods:**

5 Years

**Paint and Finishes/Cables/Grips/Counter/Timer/Pull-Pin**

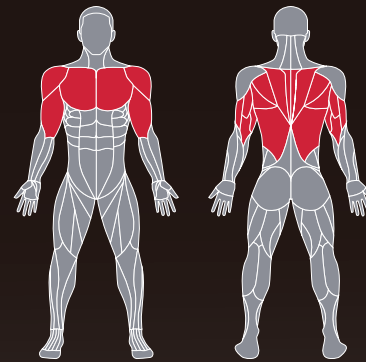
**Components/Rail Wheels/Attachments/All Other Parts:**

1 Year

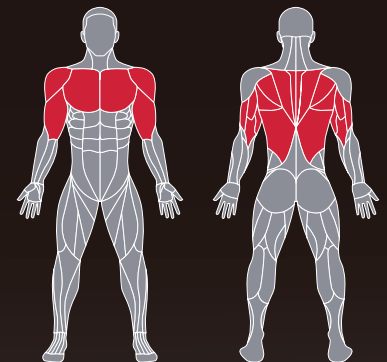
**Labour:** 1 Year

**Upholstery:** 6 Months

Pull Up



Dip Assist



***SPIRIT***<sup>®</sup>

STRENGTH  
EQUIPMENT SPECIFICATIONS



# SPIRIT®



## Functional Trainer

CSF-FUNT

Product Dimension	60"L x 33"W x 83.5"H (152L x 84W x 212H cm)
Product Weight	748 lb (339 kg)
Weight Stack	200 lb (91 kg) x 2, 10 lb (4.5 kg) increments
Cable Travel	83" (211 cm)
Max User Weight	400 lb (182 kg)



## Half Rack

CSF-HRAC

Product Dimension	59"L x 67"W x 98"H (151L x 169W x 250H cm)
Max Loading Capacity	650 lb (294 kg)
Product Weight	550 lb (250 kg)
Max User Weight	360 lb (163 kg)

**SPIRIT®**



## Smith Machine

CSF-SMTH

Product Dimension 85"L x 62"W x 94"H (216.5L x 157.5W x 239H cm)

Max Loading Capacity 550 lb (249.5 kg) 275 lb (125 kg) per side

Product Weight 441 lb (200 kg)

Max User Weight 360 lb (163 kg)



## Adjustable Bench

CSF-ADJB

Product Dimension 54"L x 18"W x 16"H (136L x 45W x 41H cm)

Max Loading Capacity 617 lb (280 kg) user plus lifting weight

Product Weight 80.5 lb (37 kg)

**SPIRIT**<sup>®</sup>



### 3-Tier Adjustable Dumbbell Rack **CSF-3TDB**

Product Dimension 54"L x 27"W x 36"H (138L 68W x 92H cm)  
◦ Tray Length: 48" (122 cm)  
◦ Tier Depth: Top - 13" (33 cm), Middle - 15" (38 cm), Lower - 17" (43 cm)  
◦ Tray Angles: 0°, 25°, 55°

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Product Weight 128 lb (58 kg)

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Weight Limit Top/Middle Level - 500 lb (227 kg), Lower Level - 600 lb (272 kg)

**SPIRIT**

CHEST PRESS  
SHOULDER PRESS

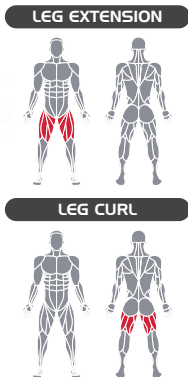
CHEST PRESS

SHOULDER PRESS

**SPIRIT**<sup>®</sup>  
DUALS SPECIFICATIONS



# SPIRIT®



## Leg Extension / Leg Curl

CSD-LELC

Product Dimension 55"L x 54"W x 62"H (140L x 137W x 157H cm)

Weight Stack 225 lb (102 kg) Weight Stack  
• 15 lb (7 kg) x 2 Top Plate  
• 15 lb (7 kg) x 13 Plates  
5 lb (2 kg) Increment Weight

Performance Pully Ratio : 0.7 x Weight Inner, 0.5 x Weight Curl

Product Weight 625 lb (283 kg)

Max User Weight 360 lb (163 kg)

## Chest Press / Shoulder Press

CSD-CPSP

Product Dimension 53"L x 78"W x 66"H (135L x 198W x 168H cm)

Weight Stack 200 lb (91 kg) Weight Stack  
• 10 lb (5 kg) Top Plate  
• 10 lb (5 kg) x 4 Plates  
• 15 lb (7 kg) x 10 Plates  
5 lb (2 kg) Increment Weight

Performance Pully Ratio : 1.4 x Weight

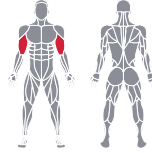
Product Weight 598 lb (271 kg)

Max User Weight 360 lb (163 kg)

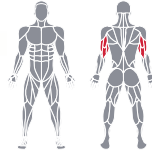
# SPIRIT®



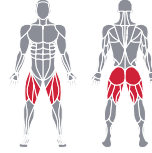
**BICEP CURL**



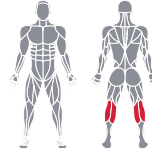
**TRICEPS EXTENSION**



**LEG PRESS**



**CALF EXTENSION**



## Biceps Curl / Triceps Extension

CSD-BCTE

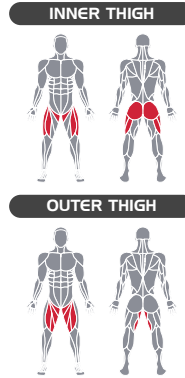
Product Dimension	44"L x 52"W x 62"H (112L x 131W x 158H cm)
Weight Stack	180 lb (82 kg) Weight Stack <ul style="list-style-type: none"> <li>• 15 lb (7 kg) Top Plate</li> <li>• 15 lb (7 kg) x 11 Plates</li> <li>• 5 lb (2 kg) Increment Weight</li> </ul>
Performance	Pully Ratio : 0.5 x Weight Curl, 0.7 x Weight Bicep
Product Weight	465 lb (210 kg)
Max User Weight	360 lb (163 kg)

## Leg Press / Calf Extension

CSD-LPCE

Product Dimension	76"L x 45"W x 62"H (193L x 114W x 157H cm)
Weight Stack	220 lb (100 kg) Weight Stack <ul style="list-style-type: none"> <li>• 10 lb (5 kg) Top Plate</li> <li>• 15 lb (7 kg) x 14 Plates</li> <li>• 5 lb (2 kg) Increment Weight</li> </ul>
Performance	Pully Ratio : 1.2 x Weight
Product Weight	585 lb (265 kg)
Max User Weight	360 lb (163 kg)

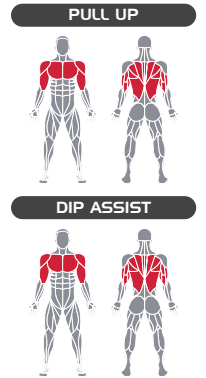
# SPIRIT®



## Inner / Outer Thighs

CSD-ITOT

Product Dimension	64"L x 27"W x 59"H (162L x 68W x 150H cm)
Weight Stack	170 lb (77 kg) Weight Stack <ul style="list-style-type: none"> <li>• 10 lb (5 kg) Top Plate</li> <li>• 15 lb (7 kg) x 4 Plates</li> <li>• 10 lb (5 kg) x 10 Plates</li> </ul> 5 lb (2 kg) Increment Weight
Performance	Pully Ratio : 1.5 x Weight Inner, 1 x Weight Outer
Product Weight	436 lb (198 kg)
Max User Weight	360 lb (163 kg)



## Pull Up / Dip Assist

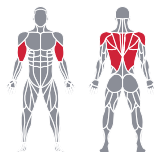
CSD-PUDA

Product Dimension	49"L x 47"W x 88"H (124L x 119W x 224H cm)
Weight Stack	230 lb (104 kg) Weight Stack <ul style="list-style-type: none"> <li>• 10 lb (5 kg) Top Plate</li> <li>• 15 lb (7 kg) x 4 Plates</li> <li>• 10 lb (5 kg) x 10 Plates</li> </ul> 5 lb (2 kg) Increment Weight
Performance	Pully Ratio : 1.1 x Weight
Product Weight	583 lb (264 kg)
Max User Weight	360 lb (163 kg)

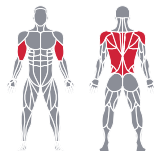
# SPIRIT®



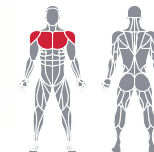
### LAT PULLDOWN



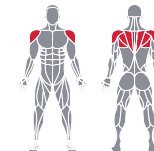
### SEATED ROW



### PEC FLY



### REAR DELT



## Lat Pulldown / Seated Row

CSD-LPSR

Product Dimension 71"L x 48"W x 89"H (180L x 122W x 226H cm)

Weight Stack 200 lb (91 kg) Weight Stack  
• 10 lb (5 kg) Top Plate  
• 15 lb (7 kg) x 6 Plates  
• 10 lb (5 kg) x 10 Plates  
5 lb (2 kg) Increment Weight

Performance Pully Ratio : 1:1

Product Weight 551 lb (250 kg)

Max User Weight 360 lb (163 kg)

## Pec Fly / Rear Delt

CSD-PFRD

Product Dimension 57"L x 58"W x 78"H (145L x 147W x 198H cm)

Weight Stack 200 lb (91 kg) Weight Stack  
• 10 lb (5 kg) Top Plate  
• 10 lb (5 kg) x 4 Plates  
• 15 lb (7 kg) x 10 Plates

Performance Pully Ratio : 0.33 x Weight Per Side

Product Weight 493 lb (223 kg)

Max User Weight 360 lb (163 kg)









***SPIRIT***®

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