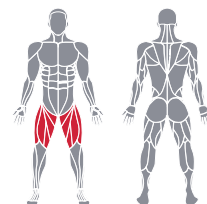
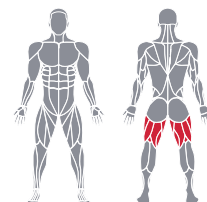


**DUALS****SPIRIT****LEG EXTENSION****LEG CURL**

The Leg Extension and Leg Curl machine offers versatile exercises that target opposing muscle groups – the quadriceps and hamstrings. Users can easily switch and adjust exercises without leaving their seated position, ensuring maximum convenience. The axis of rotation is optimized to provide a proper feel for both types of movements. Additionally, an integrated rep counter and top cap storage keep users motivated and engaged throughout their sets.

### **CSD-LELC** LEG EXTENSION / LEG CURL

- Premium beveled pads with sport stitching
- 5 lb (2 kg) increment weight
- 225 lb (102 kg) weight stack
- Premium strength cables
- Integrated rep counter and time display
- Large storage tray at top of tower

Item #  
16812496050

**SPIRIT**  
COMMERCIAL

LEG EXTENSION/ LEG CURL		SPECIFICATIONS	Item # 16812496050																
Performance	<ul style="list-style-type: none"><li>• 225 lb (102 kg) Weight Stack</li><li>• 5 lb (2 kg) Increment Weight<ul style="list-style-type: none"><li>• 2 x 15 lb (6.8 kg) Top Plates</li><li>• 13 x 15 lb (6.8 kg) Plates</li></ul></li><li>• Pulley Ratio 0.7 x Weight Extension, 0.5 x Weight Curl</li><li>• Premium Strength Cables</li><li>• Premium Beveled Edge Pads</li><li>• Sport Stitching</li></ul>																		
Convenience	<ul style="list-style-type: none"><li>• Rep/Time Counter (2 C Batteries required, not included)</li><li>• Start/Finish Workout Diagrams</li><li>• Storage Trays (Top of Weight Tower)</li><li>• Easy-Adjust Seat Back</li></ul>																		
Frame	<ul style="list-style-type: none"><li>• Heavy Gauge Steel Frame</li><li>• Low Profile Design</li><li>• High-Quality Electrostatic Powder Coat Finish</li><li>• Fully Enclosed Weight Stack</li><li>• Steel Feet w/Rubber Foot Covers</li><li>• Max User Weight Capacity: 360 lb (163 kg)</li></ul>																		
Dimensions and Weight	<table><tr><td><ul style="list-style-type: none"><li>• Setup Dimensions: 55"L x 54"W x 62"H, 625 lb (140L x 137W x 157H cm, 284 kg)</li><li>• Shipping Dimensions &amp; Shipping Weight:</li></ul></td><td></td></tr><tr><td><ul style="list-style-type: none"><li>• Carton 1: 55" x 24" x 5" (140L x 61W x 13H cm)</li><li>• Carton 2: 60" x 23" x 10" (152L x 587W x 25H cm)</li><li>• Carton 3: 47" x 40" x 13" (119L x 102W x 33H cm)</li><li>• Carton 4: 39" x 7" x 22" (99L x 18W x 56H cm)</li><li>• Carton 5: 21" x 20" x 11" (53L x 51W x 28H cm)</li></ul></td><td><table><tr><td colspan="2">N.W. / G.W.</td></tr><tr><td></td><td>18 lb (8 kg)/ 20 lb (9 kg)</td></tr><tr><td></td><td>84lb (38 kg)/ 93 lb (42 kg)</td></tr><tr><td></td><td>308 lb (140 kg)/ 331 lb (150 kg)</td></tr><tr><td></td><td>20 lb (9 kg)/ 21 lb (10 kg)</td></tr><tr><td></td><td>195 lb (88 kg)/ 220 lb (100 kg)</td></tr></table></td></tr></table>			<ul style="list-style-type: none"><li>• Setup Dimensions: 55"L x 54"W x 62"H, 625 lb (140L x 137W x 157H cm, 284 kg)</li><li>• Shipping Dimensions &amp; Shipping Weight:</li></ul>		<ul style="list-style-type: none"><li>• Carton 1: 55" x 24" x 5" (140L x 61W x 13H cm)</li><li>• Carton 2: 60" x 23" x 10" (152L x 587W x 25H cm)</li><li>• Carton 3: 47" x 40" x 13" (119L x 102W x 33H cm)</li><li>• Carton 4: 39" x 7" x 22" (99L x 18W x 56H cm)</li><li>• Carton 5: 21" x 20" x 11" (53L x 51W x 28H cm)</li></ul>	<table><tr><td colspan="2">N.W. / G.W.</td></tr><tr><td></td><td>18 lb (8 kg)/ 20 lb (9 kg)</td></tr><tr><td></td><td>84lb (38 kg)/ 93 lb (42 kg)</td></tr><tr><td></td><td>308 lb (140 kg)/ 331 lb (150 kg)</td></tr><tr><td></td><td>20 lb (9 kg)/ 21 lb (10 kg)</td></tr><tr><td></td><td>195 lb (88 kg)/ 220 lb (100 kg)</td></tr></table>	N.W. / G.W.			18 lb (8 kg)/ 20 lb (9 kg)		84lb (38 kg)/ 93 lb (42 kg)		308 lb (140 kg)/ 331 lb (150 kg)		20 lb (9 kg)/ 21 lb (10 kg)		195 lb (88 kg)/ 220 lb (100 kg)
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Commercial Warranty	<ul style="list-style-type: none"><li>• 10 Years Frame</li><li>• 5 Years Bushings, Bearings, Shocks, Pulleys, Guide Rods</li><li>• 1 Year Paint and Finishes, Cables, Grips, Counter/Timer, Pull-Pin Components, Rail Wheels, Attachments, All Other Parts Not Mentioned</li><li>• 6 Months Upholstery</li><li>• 1 Year Labour</li></ul>																		

