

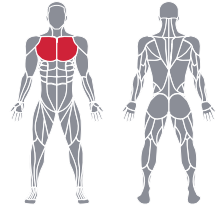


DUALS

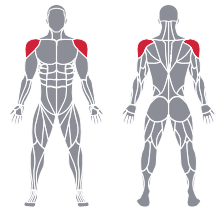
CSD-CPSP CHEST PRESS / SHOULDER PRESS



CHEST PRESS



SHOULDER PRESS



The Chest Press and Shoulder Press machine offers various grip options for both chest and shoulder exercises. An integrated rep counter and built-in storage top cap makes each workout convenient, while the adjustable seat and back pad adjust for ultimate comfort. Users can adjust for two different chest press angles with an ergonomic bilateral and converging axis pressing arm motion.

CSD-CPSP CHEST PRESS / SHOULDER PRESS

- 4-bar linkage seat provides easy adjustment
- Premium beveled pads with sport stitching
- 5lb (2 kg) increment weight
- 200 lb (91 kg) graduated weight stack
- Premium strength cables
- Integrated rep counter and time display
- Large storage tray at top of tower

Item #
16812496010



CHEST PRESS / SHOULDER PRESS		SPECIFICATIONS	Item # 16812496010												
Performance	• 200 lb (91 kg) Weight Stack • 5 lb (2 kg) Increment Weight • 10 lb (5 kg) Top Plate • 4 x 10 lb (5 kg) Plates • 10 x 15 lb (7 kg) Plates • Pulley Ratio 1.4 x Weight • Premium Strength Cables • Premium Beveled Edge Pads • Sport Stitching														
Convenience	• Rep/Time Counter (2 C Batteries required, not included) • 4-Bar Linkage Seat Adjustment (Gas Assist) • Start/Finish Workout Diagrams • Multiple Grip Options • Storage Trays (Top of Weight Tower) • Easy-Adjust Seat Angle														
Frame	• Heavy Gauge Steel Frame • Low Profile Design • High-Quality Electrostatic Powder Coat Finish • Fully Enclosed Weight Stack • Steel Feet w/Rubber Foot Covers • Max User Weight Capacity: 360 lb (163 kg)														
Dimensions and Weight	• Setup Dimensions: 53"L x 78"W x 66"H, 598 lb (135L x 198W x 168H cm, 271 kg) • Shipping Dimensions & Shipping Weight:<table><tr><td></td><td>N.W. / G.W.</td></tr><tr><td>• Carton A: 55"L x 24"W x 5"H (140L x 61W x 13H cm)</td><td>18 lb (8 kg)/ 20 lb (9 kg)</td></tr><tr><td>• Carton B: 60"L x 23"W x 10"H (152L x 58W x 25H cm)</td><td>84 lb (38 kg)/ 93 lb (42 kg)</td></tr><tr><td>• Carton C: 63"L x 40"W x 18"H (160L x 102W x 46H cm)</td><td>290 lb (132 kg)/ 324 lb (147 kg)</td></tr><tr><td>• Carton D: 47"L x 4"W x 14"H (119L x 10W x 36H cm)</td><td>15 lb (7 kg)/ 17 lb (8 kg)</td></tr><tr><td>• Carton E: 21"L x 20"W x 11"H (53L x 51W x 28H cm)</td><td>190 lb (86 kg)/ 215 lb (98 kg)</td></tr></table>				N.W. / G.W.	• Carton A: 55"L x 24"W x 5"H (140L x 61W x 13H cm)	18 lb (8 kg)/ 20 lb (9 kg)	• Carton B: 60"L x 23"W x 10"H (152L x 58W x 25H cm)	84 lb (38 kg)/ 93 lb (42 kg)	• Carton C: 63"L x 40"W x 18"H (160L x 102W x 46H cm)	290 lb (132 kg)/ 324 lb (147 kg)	• Carton D: 47"L x 4"W x 14"H (119L x 10W x 36H cm)	15 lb (7 kg)/ 17 lb (8 kg)	• Carton E: 21"L x 20"W x 11"H (53L x 51W x 28H cm)	190 lb (86 kg)/ 215 lb (98 kg)
	N.W. / G.W.														
• Carton A: 55"L x 24"W x 5"H (140L x 61W x 13H cm)	18 lb (8 kg)/ 20 lb (9 kg)														
• Carton B: 60"L x 23"W x 10"H (152L x 58W x 25H cm)	84 lb (38 kg)/ 93 lb (42 kg)														
• Carton C: 63"L x 40"W x 18"H (160L x 102W x 46H cm)	290 lb (132 kg)/ 324 lb (147 kg)														
• Carton D: 47"L x 4"W x 14"H (119L x 10W x 36H cm)	15 lb (7 kg)/ 17 lb (8 kg)														
• Carton E: 21"L x 20"W x 11"H (53L x 51W x 28H cm)	190 lb (86 kg)/ 215 lb (98 kg)														
Commercial Warranty	• 10 Years Frame • 5 Years Bushings, Bearings, Shocks, Pulleys, Guide Rods • 1 Year Paint and Finishes, Cables, Grips, Counter/Timer, Pull-Pin Components, Rail Wheels, Attachments, All Other Parts Not Mentioned • 6 Months Upholstery • 1 Year Labour														

