

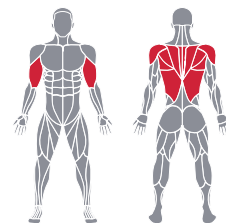


DUALS

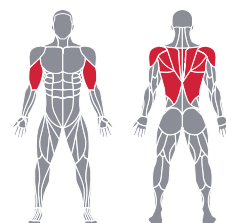
DUALS LAT PULLDOWN / SEATED ROW



LAT PULLDOWN



SEATED ROW



The Lat Pulldown and Seated Row machine combines the two most popular back exercises into one modern design. The traditional Lat Pulldown bar can be adjusted to the user's preferred height. While in the Seated Row position, foot bars aid with stabilization and storage hooks secure the pulldown bar when not in use. An integrated rep counter keeps users motivated and built-in storage on the top cap makes storing accessories away easy.

CSD-LPSR LAT PULLDOWN / SEATED ROW

- Premium beveled pads with sport stitching
- 5 lb (2 kg) increment weight
- 200 lb (91 kg) graduated weight stack
- Premium strength cables
- Integrated rep counter and time display
- Large storage tray at top of tower

Item #
16812493320



Performance	• 200 lb (91 kg) Weight Stack • 5 lb (2 kg) Increment Weight • 10 lb (5 kg) Top Plate • 10 x 10 lb (5 kg) Plates • 6 x 15 lb (7kg) Plates • Pulley Ratio 1:1 • Premium Strength Cables • Premium Beveled Edge Pads • Sport Stitching												
Convenience	• Rep/Time Counter (2 C Batteries required, not included) • Start/Finish Workout Diagrams • Includes Lat Bar, Row Bar, and Extension Chain • Storage Trays (Top of Weight Tower)												
Frame	• Heavy Gauge Steel Frame • Low Profile Design • High-Quality Electrostatic Powder Coat Finish • Fully Enclosed Weight Stack • Max User Weight Capacity: 360 lb (163 kg)												
Dimensions and Weight	• Setup Dimensions: 71"L x 48"W x 89"H, 551 lb (180L x 122W x 226H cm, 250 kg) • Shipping Dimensions & Shipping Weight: <table> <thead> <tr> <th></th><th>N.W. / G.W.</th></tr> </thead> <tbody> <tr> <td>• Carton A: 69"L x 24"W x 5"H (175L x 61W x 13H cm)</td><td>20 lb (9 kg) / 22 lb (10 kg)</td></tr> <tr> <td>• Carton B: 74"L x 29"W x 10"H (188L x 74W x 25H cm)</td><td>116 lb (53 kg) / 122 lb (55 kg)</td></tr> <tr> <td>• Carton C: 77"L x 39"W x 8"H (196L x 99W x 20H cm)</td><td>211 lb (96 kg) / 221 lb (100 kg)</td></tr> <tr> <td>• Carton D: 41"L x 6"W x 13"H (104L x 269W x 33H cm)</td><td>13 lb (6 kg) / 15 lb (7 kg)</td></tr> <tr> <td>• Carton E: 21"L x 20"W x 11"H (53L x 51W x 28H cm)</td><td>190 lb (86 kg) / 215 lb (98 kg)</td></tr> </tbody> </table>		N.W. / G.W.	• Carton A: 69"L x 24"W x 5"H (175L x 61W x 13H cm)	20 lb (9 kg) / 22 lb (10 kg)	• Carton B: 74"L x 29"W x 10"H (188L x 74W x 25H cm)	116 lb (53 kg) / 122 lb (55 kg)	• Carton C: 77"L x 39"W x 8"H (196L x 99W x 20H cm)	211 lb (96 kg) / 221 lb (100 kg)	• Carton D: 41"L x 6"W x 13"H (104L x 269W x 33H cm)	13 lb (6 kg) / 15 lb (7 kg)	• Carton E: 21"L x 20"W x 11"H (53L x 51W x 28H cm)	190 lb (86 kg) / 215 lb (98 kg)
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Commercial Warranty	• 10 Years Frame • 5 Years Bushings, Bearings, Shocks, Pulleys, Guide Rods • 1 Year Paint and Finishes, Cables, Grips, Counter/Timer, Pull-Pin Components, Rail Wheels, Attachments, All Other Parts Not Mentioned • 6 Months Upholstery • 1 Year Labour												

