





Spirit XE 395 ENTElliptical-Club-Level Performance at Home

Bring the fitness club experience to your home gym with the Spirit XE395ENT Elliptical, designed for advanced performance and premium comfort. Featuring a 10.1" touchscreen console display with screen mirroring and a convenient tablet holder, you can stream your favorite entertainment or follow virtual workouts with ease. Stay connected with the USB charging port, headphone jack, and seamless Bluetooth integration for the Spirit+ app and other third-party apps.

Engineered for a smooth and powerful workout, the 30 lb (14 kg) flywheel and 20 levels of magnetic resistance and incline deliver consistent performance and customizable challenges. Choose from 17 pre-set, 12 template or build 8 custom programs to target your fitness goals, including options for endurance, fat burn, and interval training.

The multi-position D-shaped handlebars feature integrated resistance and incline buttons for effortless mid-workout adjustments, while the built-in Bluetooth speakers let you stream your favorite music wirelessly. Monitor your heart rate with hand pulse sensors or pair with a Bluetooth or 5 kHz wireless heart rate monitor for real-time data.

Designed for comfort and safety, the oversized, cushioned, and articulating foot pedals offer three levels of adjustment to reduce joint stress, and the Child Safety Lock adds peace of mind. With a focus on versatility, durability, and a lifetime warranty on the frame and brake, the Spirit XE395ENT is the ultimate choice for home fitness enthusiasts.

FEATURES

- Advanced 10.1" ClearView+™ touchscreen display with built-in apps and USB charging port
- Screen mirror or stream with preloaded apps like Netflix, YouTube, and more
- Bluetooth FTMS connects to Spirit+ app and other third party apps, audio, heart rate accessories, and compatible Garmin wearables
- 30 lb (14 kg) heavy-duty flywheel with 20 levels of magnetic resistance to keep you challenged
- Oversized guick latch pedals with 3 levels of adjustment
- Hand pulse sensors, Bluetooth and 5kHz receiver compatible (chest strap not included)
- Child Safety Lock built-in













- Intuitive User Interface
- Built-In Apps
- Track Your History
- Multiple Workout Views
- And More!

EQUIPMENT SPECIFICATIONS

Console 10.1" ClearView+™ Touchscreen, Screen Mirroring, Wi-Fi, Pre-loaded Apps, Bluetooth FTMS, Bluetooth Speakers, Tilt & Swivel Tablet Holder, USB Charging Port, Audio Jack, Adjustable Cooling Fan, Child Lock, Garmin Wearable Support*

Manual, Hill, Fat Burn, Cardio, Strength, HIIT, Fusion, 5K, 10K, Target-Time/Distance/Calories, 8 Custom, 12 Template,

Programs 4 HR, Fitness Test

Heart Rate Hand Pulse Sensors, 5kHz & Bluetooth Receiver Compatible, Chest Strap Not Included

Resistance/Incline 20 Levels of Resistance & Incline

Handlebars Coated With Incline & Resistance Toggles, Multi-Position Grip,

Track System Dual Aluminum Rail

Stride Length 20" (51 cm) Flywheel 30 lb (14 kg)

Foot Pedals 2" Pedal Spacing (Q-Factor), 2-Degree Inversion, Oversized, Cushioned, Articulating, 3 Adjustment Levels

Assembled Dimensions 76" L x 30" W x 71" H, 226 lb (192 L x 75 W x 180 H cm, 102 kg)

Packaging 66" L x 23" W x 34" H, 258 lb (168 L x 58 W x 86 H cm, 117 kg)

Max User Weight 400 lb (182 kg)

WARRANTY INFORMATION

*Compatible with Garmin Smart Wearables

Residential: Frame/Brake: Lifetime, Parts: 10 Years, Console: 2 Years, Labour: 1 Year





