



XE195 ELLIPTICAL

Spirit XE195 Elliptical – Smooth Performance, Smart Training

Take charge of your fitness with the Spirit XE195 Elliptical, designed to deliver a smooth, low-impact workout while keeping you engaged and in control. Featuring a bright 7.5" blue backlit LCD display, this elliptical provides real-time feedback to help you track your progress effortlessly.

Built for performance, the 24 lb (11 kg) flywheel and 20 levels of magnetic resistance ensure a fluid, natural stride with just the right level of challenge. With 12 pre-set programs, including Manual, Hill, Fat Burn, Cardio, Strength, HIIT, Fusion, 5K, 10K, Target and 2 Custom options, you can tailor every session to your goals. Stay within your target heart rate zone using built-in hand pulse sensors for more efficient training.

Designed for comfort and safety, the oversized, cushioned, and articulating foot pedals reduce joint stress, while the Child Safety Lock adds an extra layer of protection for your home gym. Plus, with a lifetime warranty on the frame and brake, you can count on lasting durability and reliability. Step up to the Spirit XE195 and experience elliptical training that's smooth, smart, and built to last.

FEATURES

- 7.5" blue backlit console LCD display
- 24 lb (11 kg) heavy-duty flywheel with 20 levels of magnetic resistance to keep you challenged
- Durable track system with concave roller wheels and aluminum rails for added stability and durability
- Narrow 2" (5 cm) pedal spacing with 2-degree inversion angle provides a comfortable foot placement for users of any size
- Hand pulse sensors heart rate monitoring capabilities
- Child Safety Lock built-in

SPIRIT

Item #
16607301950

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EQUIPMENT SPECIFICATIONS

Console	7.5" Blue Backlit LCD, Heart Graph, Adjustable Cooling Fan, Child Lock
Programs	Manual, Hill, Fat Burn, Cardio, Strength, HIIT, Fusion, 5K, 10K, Target-Time/Distance/Calories, 2 Custom
Heart Rate	Hand Pulse Sensors
Resistance Levels	20 Levels
Handlebars	Foam Padded Grips With Resistance Toggles On Stationary Handles
Track System	Single Rail
Stride Length	20" (51 cm)
Flywheel	24 lb (11 kg)
Foot Pedals	2" Pedal Spacing (Q-Factor), 2-Degree Inversion, Oversized, Cushioned, Articulating
Assembled Dimensions	70" L x 22" W x 70" H, 172 lb (179 L x 55 W x 164 H cm, 78 kg)
Packaging	66" L x 23" W x 34" H, 198 lb (168 L x 57 W x 86 H cm, 90 kg)
Max User Weight	350 lb (159 kg)

WARRANTY INFORMATION

Residential: Frame/Brake: Lifetime, Parts: 10 Years, Labour: 1 Year



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