

**GARMIN**  
COMPATIBLE



#### ENTERTAINMENT CONSOLE FEATURES:

- 10.1" TOUCHSCREEN
- SCREEN MIRRORING
- ENTERTAINMENT APPS
- NEWS APPS
- USB CHARGING PORT
- BLUETOOTH FTMS
- BUILT-IN SPEAKERS

#### Smart Tech. Smooth Ride. Serious Results.

The XBU55ENT upright bike delivers a premium fitness experience for users who prioritize comfort, performance, and smart connectivity. Engineered for home or light commercial settings, it features a durable belt drive system and a 30 lb (14 kg) flywheel to deliver a smooth, road-like ride. With 20 levels of magnetic resistance, it adapts easily to beginners and advanced users alike.

At the core is the vibrant 10.1" ClearView™ touchscreen console, giving instant access to built-in workout content, screen mirroring, and real-time performance tracking. Users can choose from 15 pre-set, 8 custom, or 12 template programs to match their goals. Whether it's fat burn, endurance, or interval training. Bluetooth® FTMS allows seamless connection to third-party fitness apps, and compatible Garmin® wearables providing enhanced training feedback. Built-in fitness videos, pre-loaded apps, and onboard audio support complete the immersive training experience.

The bike's comfort-driven design includes a high-density foam seat with 12 vertical adjustment levels and fore/aft positioning, plus oversized self-balancing pedals with fast-latch straps for a secure fit. Heart rate monitoring is supported via pulse grips or Bluetooth/5kHz chest straps (sold separately). A USB charging port, water bottle holder, and transport wheels enhance convenience.

From content-driven training to performance tracking, the XBU55ENT is built to elevate every ride with precision, durability, and versatility.

## FEATURES

- Advanced Bluetooth-enabled 10.1" ClearView+™ touchscreen display with built-in apps, screen mirroring, and USB charging port
- 30 lb (14 kg) flywheel with 20 levels of magnetic resistance
- Fully adjustable seat and oversized quick latch pedals
- Contact and wireless heart rate monitoring capabilities
- Ergonomic handlebar design allows for multiple riding positions

#### CONNECTS TO:



SPIRIT+



FITBIT\*



ZWIFT



APPLE HEALTH KIT\*



KINOMAP



MAP MY FITNESS\*

AND MORE!

\*CONNECTS VIA SPIRIT+ APP

**SPIRIT**

# XBU55ENT UPRIGHT BIKE

Item #  
16211363550

# XBU55ENT Upright Bike

Item # 16211363550

10.1" ClearView™  
Touchscreen

Adjustable  
Cooling Fan

Direct-Access  
Resistance Buttons

Hand Pulse Sensors

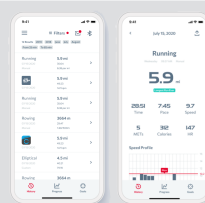
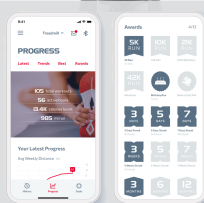
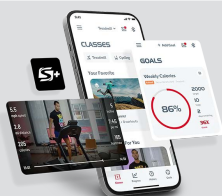
Tilt & Swivel  
Tablet Holder

USB Charger

Integrated  
Bluetooth  
Speakers



SPIRIT+ APP



- Set fitness goals
- Track workout progress
- Review workout history
- Share with other fitness apps
- Unlock achievements
- Stay motivated

## EQUIPMENT SPECIFICATIONS

Console	10.1" Touchscreen, Screen Mirroring (iOS or Android), Wi-Fi, Pre-loaded Apps, Bluetooth FTMS, Bluetooth Speakers, Tilt /Swivel Tablet Holder, USB Charging Port, Audio Jack, Adjustable Fan, Wireless Updates
Programs	Manual, Hill, Fat Burn, Cardio, Strength, HIIT, Fusion, Target-Time/Distance/Calories, 8 Custom, 12 Template, 4 HR
Heart Rate	Hand Pulse Sensors, 5kHz & Bluetooth Receiver Compatible, Chest Strap Not Included
Resistance Levels	20 Levels
Direct Resistance	10 Console Buttons
Hand Pulse Grips	Ergonomic Handlebar Placement
Flywheel	30 lb (14 kg)
Seat	High Density Foam
Seat Adjustment	Up/Down - 12 Positions, Fore/Aft
Pedals	Oversized and Self-Balancing with Fast-Latch System
Assembled Dimensions	43" L x 22" W x 62" H, 106 lb (108 L x 55 W x157 H cm, 48 kg)
Packaging	46" L x 18" W x 31" H, 120 lb (118 L x 46 W x 78 H cm, 54 kg)
Max User Weight	350 lb (159 kg)

## WARRANTY INFORMATION

Residential: Frame/Brake: Lifetime, Parts: 10 Years, Labour: 1 Year

Light Commercial (Non-Dues-Paying Facilities)\*: Frame: Lifetime, Brake: 5 Years, Parts: 3 Years, Labour: 1 Year

\*Equipment Intended For Non-Pay-For-Membership Facilities Where Usage Is Less Than 5 Hours/Day. Condominium Or Apartment Complexes With Less Than 50 Units.



SALES: 1.888.707.1880 |



SALES@DYACO.CA |



WWW.SPIRITFITNESS.CA