



Wireless LCD Console

Road Bike Engineering. Indoor Precision.

Bring the experience of elite outdoor cycling indoors with the XIC600 Indoor Cycle—a high-performance training tool engineered with components typically found in premium road bikes. Built around a 48.5 lb (22 kg) precision-balanced, chrome-plated flywheel, the XIC600 delivers an ultra-smooth and whisper-quiet ride, thanks to its durable belt drive system and heavy-duty crank assembly.

Designed for serious riders and fitness enthusiasts alike, this bike features infinite seat and handlebar adjustments (fore/aft and vertical), secured by quick-adjust levers for a personalized, ergonomic fit. A wireless LCD console tracks your ride, while 5kHz heart rate receiver compatibility allows for efficient training within your target zone.

Additional performance-driven features include micro-adjustable resistance via a continuous rotary knob, multi-grip PVC-coated handlebars, dual water bottle holders, and pedals with adjustable toe cages for maximum foot stability during sprints or climbs. The comfort groove racing saddle supports longer rides without compromising comfort.

Whether you're training for an event or dialing in your conditioning from home, the XIC600 delivers commercial-grade quality in a compact, user-ready package.

FEATURES

- 48.5 lb (22 kg) precision balanced flywheel is chrome plated for durability
- Micro fore/aft/up/down seat and handlebar adjustments with quick levers
- Direct drive system is driven by a belt instead of a chain for smooth, quiet, and maintenance free operation
- Molded rotary knob for comfortable resistance adjustments and quick-stop operation
- Adjustable toe cage pedals for a secure ride with any type of athletic shoes
- Stamped adjustment settings on both the handlebar and seat posts for quick reference
 - Handlebar: up/down - 5 positions, fore/aft - 5 positions
 - Seat post: up/down - 11 positions, fore/aft - 5 positions

SPIRIT

XIC600 INDOOR CYCLE

Item #
16207776000



EQUIPMENT SPECIFICATIONS

Console	Built in Receiver, '] : I 5a_bSfT W Chest Strap Not Included
Heart Rate	Rotary Knob (Push to Stop), Micro Adjustments, Brake Pad
Resistance	Fixed Gear, Poly-V Belt
Drive Train	48.5 lb (22 kg), Precision Balanced Steel, Chrome Plated
Flywheel	Racing Saddle w/Comfort Groove, Adjustable, Easily Replaceable
Seat	Up/Down - 11 Positions, Fore/Aft - 5 Positions
Seat Adjustment	Toe Cage, Adjustable Straps
Foot Pedals	High-Strength Steel Steel Durable Powder-Coat Paint
Frame	PVC Coated, Multi-Grip Design, Built-In Dual Water Bottle Holders
Handlebar	Up/Down - 5 Positions, Fore/Aft - 5 Positions
Handlebar Adjustment	Micro Adjustments, Quick Levers
Brake Adjustments	42"L x 21"W x 41"H, 138 lb (107L x 54W x 103H cm, 63 kg)
Dimensions	42"L x 9"W x 40"H, 149 lb (108L x 23W x 102H cm, 68 kg)
Packaging	350 lb (159 kg)
Max User Weight	

WARRANTY INFORMATION

Residential Warranty: Frame: Lifetime, Brake/Parts: 3 Years, Labour: 1 Year

