



Spirit XBR25 Recumbent Bike – Comfort Meets Performance

The Spirit XBR25 recumbent bike is engineered to make your fitness journey smooth, effective, and comfortable. Featuring a user-friendly 7.5" backlit LCD display, it allows you to easily track your progress across various metrics. The 20 lb (9 kg) flywheel ensures a stable and fluid ride, while 20 levels of magnetic resistance provide the flexibility to adjust your workout intensity to match your fitness goals.

Designed for maximum comfort, the high-density foam seat with 14 fore/aft adjustments allows you to find the perfect fit. The convenient step-through frame design makes it easy to get on and off the bike, and the self-balancing pedals with a fast-latch system simplify setup and ensure secure footing. The built-in heart rate sensors on the lower handlebars help you stay in your target zone for effective training. Choose from 10 pre-set and 2 custom programs to keep your workouts varied and engaging.

Built to last, the XBR25 comes with a lifetime warranty on the frame and brake, making it a reliable choice for your home gym. Experience a superior blend of comfort, technology, and performance with the Spirit XBR25 recumbent bike.

FEATURES

- Sleek charcoal metallic steel frame and 7.5" blue backlit LCD
- 20 lb (9 kg) flywheel with 20 levels of resistance
- Hand pulse sensors for monitoring your heart rate
- Large mesh back seat with easy access for fore/aft seat adjustments
- Adjustable console angle, tablet friendly reading rack, and cooling fan for added comfort
- Step-through frame design for easy accessibility
- Pedals are oversized with fast-latching straps





EQUIPMENT SPECIFICATIONS

Console	7.5" Blue Backlit LCD, Tablet-Friendly Reading Rack, Adjustable Fan
Programs	Manual, Hill, Fat Burn, Heart Graph, Cardio, Strength, HIIT, Fusion, Target-Time/Distance/Calories, 2 Custom
Heart Rate	Hand Pulse Sensors
Resistance Levels	20 Levels
Direct Resistance	10 Console Buttons
Hand Pulse Sensors	Seated-Level Ergonomic Placement on Lower Handlebars
Flywheel	20 lb (9 kg)
Seat	High Density Seat with Breathable Nylon Mesh Back
Seat Adjustment	Fore/Aft - 14 Positions, Fixed Seat Back Angle
Pedals	Oversized, Self-Balancing with Fast-Latch System

Assembled Dimensions 57" $L \times 30$ " $W \times 50$ " H, 136 lb (144 $L \times 75$ $W \times 128$ H cm, 62 kg) Packaging 58" $L \times 18$ " $W \times 31$ " H, 152 lb (146 $L \times 46$ $W \times 78$ H cm, 69 kg)

Max User Weight 350 lb (159 kg)

WARRANTY INFORMATION

Residential: Frame/Brake: Lifetime, Parts: 10 Years, Labour: 1 Year





