



# XT685 TREADMILL

## XT685 Treadmill – Built for Endurance, Engineered for Performance

Whether you're training for a marathon or upgrading your home gym, the XT685 is designed to go the distance. Engineered for durability, it features a 2-ply belt, low-maintenance deck, and 3" front and rear crowned rollers to reduce wear and ensure smooth performance. The spacious 22" x 60" (56 x 152 cm) running surface and 4.0 HP PowerMax™ drive motor deliver the power and stability needed for long-term, high-performance use.

Stay in control with the 9" ClearView™ multi-colour LCD display, which provides real-time workout data and access to 2 custom and 16 pre-set programs, including goal-driven Time, Calories, and Distance target programs. Direct speed and incline toggles allow for quick adjustments, making interval training seamless.

Designed for convenience, the XT685 includes built-in Bluetooth speakers, an adjustable cooling fan, and a USB charging port to keep your devices powered. The removable swivel-tilt tablet holder ensures your entertainment or virtual fitness classes remain in view without blocking critical workout stats.

From everyday training to intense endurance sessions, the XT685 is built to perform—so you can go the distance!

## FEATURES

- 9" ClearView™ Multi-Colour backlit LCD with built-in USB charging port
- Built-in Bluetooth connects to apps, audio, and heart rate accessories
- Rocker-style handrail-mounted controls for quick changes to speed and incline
- Superior 4.0HP PowerMax™ Motor protected by a lifetime warranty

### CONNECTS TO:



SPIRIT+



FITBIT\*



ZWIFT



APPLE  
HEALTH  
KIT\*



KINOMAP



MAP MY  
FITNESS\*

### AND MORE!

\*CONNECTS VIA SPIRIT+ APP

# SPIRIT

Item #  
16007306850

# XT685 TREADMILL

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9" Multi-Colour LCD

Reading Rack Ledge

Phone Ledge

Handrail Incline Control

Handrail Lock

Child Lock

Adjustable Cooling Fan

Safety Key

Tilt & Swivel  
Tablet Holder

Integrated  
Bluetooth  
Speakers

Cup Holders

Handrail  
Speed  
Control

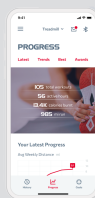
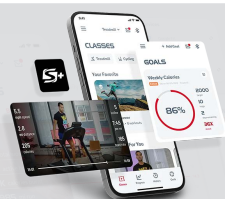
USB Charger

Hand Pulse Sensors

Direct-Access Speed  
and Incline Buttons



SPIRIT+ APP



- Set fitness goals
- Track workout progress
- Review workout history
- Share with other fitness apps
- Unlock achievements
- Stay motivated

## EQUIPMENT SPECIFICATIONS

Console	9" Multi-Colour LCD, Phone Ledge, Tilt & Swivel Tablet Holder, Bluetooth FTMS, Bluetooth Speakers, USB Charging Port, Adjustable Fan, Child Lock
Programs	Manual, Hill, Fat Burn, Cardio, Strength, HIIT, Fusion, 5K, 10K, Target - Calories/Time/Distance, 2 User, 4 Heart Rate
Heart Rate	Hand Pulse Sensors, 5kHz & Bluetooth Receiver Compatible, Chest Strap Not Included
Speed/Incline	0.5 - 12 mph (1- 20 kph) - 0.1 increments / 15 Levels - 0.5 increments
Handrail Controls	Yes, Speed & Incline
Drive Motor	4.0 HP PowerMax™ Motor
Deck	1" (2.5 cm) Phenolic, Double-Sided
Belt	22" x 60" (56 x 152 cm)
Rollers	Front/Rear 3.0" (7.6 cm) Crowned
Frame	Non-Folding, Durable Powder Coat Paint
Assembled Dimensions	77" L x 36" W x 68" H, 277 lb (196 L x 92 W x 173 H cm, 126 kg)
Packaging	82" L x 38" W x 15" H, 302 lb (207 L x 96 W x 39 H cm, 137 kg)
Max User Weight	425 lb (193 kg)

## WARRANTY INFORMATION

Residential Warranty: Frame/Motor/Deck: Lifetime, Parts: 10 Years, Labour: 1 Year

Light Commercial Warranty (Non-Dues Paying Facilities)\*: Frame: Lifetime, Motor: 5 Years, Deck/Parts: 3 Years, Labour: 1 Year

\*Equipment Intended for Non-Pay-For-Membership Facilities Where Usage Is Less Than 5 Hours/Day. Condominium Or Apartment Complexes with Less Than 50 Units



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