



Folded View



Optional Extended Handrails

# XT185 TREADMILL

## XT185 Treadmill – Performance Meets Practicality

The XT185 delivers the perfect blend of sleek design and advanced functionality, making it an ideal choice for home fitness. Featuring a vibrant 7.5" blue backlit LCD display, it provides real-time workout feedback while giving you access to 12 pre-set programs, 2 customizable options, and direct speed and incline controls for seamless adjustments.

Powered by our durable PowerMax™ 3.0 HP motor, backed by a lifetime warranty, this treadmill ensures consistent performance. The 20" x 55" (51 x 140 cm) running surface offers ample space for a comfortable stride, while optional extended handrails provide added support for enhanced security.

Designed for convenience, the folding-frame system with Lift Assist and Slow Deploy makes storage effortless, and built-in transport wheels allow easy relocation. Integrated handlebar pulse sensors keep your heart rate in check, ensuring a safe and effective workout every time.

Upgrade your home workouts with the XT185—where performance, comfort, and reliability come together.

## FEATURES

- Sleek charcoal metallic steel frame and 7.5" bright blue backlit LCD
- 20 direct access speed & incline buttons to save time
- Hand pulse sensors for monitoring your heart rate
- Large 20" x 55" (51 x 140 cm) running surface with Lift Assist folding for easy storage
- Reliable 3.0 HP PowerMax™ Motor protected by a lifetime warranty

# SPIRIT

Item #  
16007301850

7.5" Blue Backlit LCD

Reading Rack Ledge

Phone Ledge

Cup Holders

Child Lock

Adjustable Cooling Fan

Safety Key

 Direct-Access Speed  
and Incline Buttons

Hand Pulse Sensors

## EQUIPMENT SPECIFICATIONS

Console	7.5" Blue Backlit LCD, Tablet-Friendly Reading Rack, Adjustable Fan, Child Lock
Programs	Manual, Hill, Fat Burn, Cardio, Strength, HIIT, Fusion, 5K, 10K, Target:Time/Distance/Calories, 2 Custom
Heart Rate	Hand Pulse Sensors
Speed/Incline	0.5 - 10 mph (1 - 16 kph) - 0.1 increments / 10 Levels - 0.5 increments
Safety Key	Included
Drive Motor	3.0 HP PowerMax™ Motor
Deck	0.75" (2 cm) Phenolic, Silicone Lubricated
Belt	20" x 55" (51 x 140 cm)
Rollers	Front 2.5" (6.4 cm), Rear 2.0" (5.1 cm) - Crowned
Frame	Folding w/Lift Assist and Slow Deploy, Durable Powder Coat Paint
Assembled Dimensions	76" L x 35" W x 59" H, 222 lb (193 L x 89W x 150 H cm, 101 kg)
Folded Dimensions	42" L x 35" W x 66" (107 L x 89W x 168H cm)
Packaging	80" L x 36" W x 15" H, 248 lb (204 L x 91 W x 38 H cm, 113 kg)
Max User Weight	275 lb (125 kg)

## WARRANTY INFORMATION

Residential Warranty: Frame/Motor/Deck: Lifetime, Parts: 10 Years, Labour: 1 Year



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