

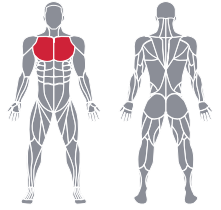


DUALS

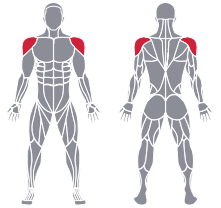
CSD-CPSP CHEST PRESS / SHOULDER PRESS



CHEST PRESS



SHOULDER PRESS



The Chest Press and Shoulder Press machine offers various grip options for both chest and shoulder exercises. An integrated rep counter and built-in storage top cap makes each workout convenient, while the adjustable seat and back pad adjust for ultimate comfort. Users can adjust for two different chest press angles with an ergonomic bilateral and converging axis pressing arm motion.

### **CSD-CPSP** CHEST PRESS / SHOULDER PRESS

- 4-bar linkage seat provides easy adjustment
- Premium beveled pads with sport stitching
- 5lb increment weight for more variety
- Simple seat angle adjustment
- Premium strength cables
- 200lb graduated weight stack

**SPIRIT** | OVER 40 YEARS OF FITNESS

## SPECIFICATIONS

Performance	<ul style="list-style-type: none"> <li>• 200lb Weight Stack                             <ul style="list-style-type: none"> <li>• 5 lb Increment Weight</li> <li>• 10 lb Top Plate</li> <li>• 4 x 10 lb Plates</li> <li>• 10 x 15 lb Plates</li> </ul> </li> <li>• Pulley Ratio 1.4 x Weight</li> <li>• Premium Strength Cables</li> <li>• Premium Beveled Edge Pads</li> <li>• Sport Stitching</li> </ul>												
Convenience	<ul style="list-style-type: none"> <li>• Rep/Time Counter (2 C Batteries required, not included)</li> <li>• 4-Bar Linkage Seat Adjustment (Gas Assist)</li> <li>• Start/Finish Workout Diagrams</li> <li>• Multiple Grip Options</li> <li>• Storage Trays (Top of Weight Tower)</li> <li>• Easy-Adjust Seat Angle</li> </ul>												
Frame	<ul style="list-style-type: none"> <li>• Heavy Gauge Steel Frame</li> <li>• Low Profile Design</li> <li>• High-Quality Electrostatic Powder Coat Finish</li> <li>• Fully Enclosed Weight Stack</li> <li>• Steel Feet w/Rubber Foot Covers</li> <li>• Max User Weight Capacity: 360 lbs</li> </ul>												
Dimensions and Weight	<ul style="list-style-type: none"> <li>• Setup Dimensions: 53.14" x 78.11" x 66"</li> <li>• Shipping Dimensions &amp; Shipping Weight:                             <table style="margin-left: 40px; border: none;"> <tr> <td></td> <td style="text-align: right;">G.W. / N.W.</td> </tr> <tr> <td>• Carton A: 55" x 24" x 5"</td> <td style="text-align: right;">19.8 lb / 17.6 lb</td> </tr> <tr> <td>• Carton B: 60" x 23" x 10"</td> <td style="text-align: right;">92.6 lb / 83.6 lb</td> </tr> <tr> <td>• Carton C: 63" x 40" x 18"</td> <td style="text-align: right;">324.1 lb / 290.4 lb</td> </tr> <tr> <td>• Carton D: 47" x 4" x 14"</td> <td style="text-align: right;">16.5 lb / 15.4 lb</td> </tr> <tr> <td>• Carton E: 21" x 20" x 11"</td> <td style="text-align: right;">214.7 lb / 190.1 lb</td> </tr> </table> </li> </ul>		G.W. / N.W.	• Carton A: 55" x 24" x 5"	19.8 lb / 17.6 lb	• Carton B: 60" x 23" x 10"	92.6 lb / 83.6 lb	• Carton C: 63" x 40" x 18"	324.1 lb / 290.4 lb	• Carton D: 47" x 4" x 14"	16.5 lb / 15.4 lb	• Carton E: 21" x 20" x 11"	214.7 lb / 190.1 lb
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Commercial Warranty	<ul style="list-style-type: none"> <li>• 10 Years Frame</li> <li>• 5 Years Bushings, Bearings, Shocks, Pulleys, Guide Rods</li> <li>• 1 Year Paint and Finishes, Cables, Grips, Counter/Timer, Pull-Pin Components, Rail Wheels, Attachments, All Other Parts Not Mentioned</li> <li>• 6 Months Upholstery</li> <li>• 1 Year Labour</li> </ul>												

