



XE195 ELLIPTICAL

Take control of your personal fitness with the Spirit XE195 Elliptical. Equipped with a bright 7.5" blue backlit console LCD display, the XE195 console display keeps you in the know throughout your workout. With its 24 lb flywheel and 20 levels of resistance, this elliptical provides a smooth yet challenging exercise experience. Choose from a variety of programs, including Manual, Hill, Fat Burn, Cardio, Strength, HIIT, Fusion, 5K, 10K, and Custom options to cater to your fitness goals. Monitor your heart rate with ease using the hand pulse sensors, ensuring you stay in your target heart rate zone. Plus, for added peace of mind, the Child Safety Lock feature keeps your little ones safe around your fitness equipment. Get ready to transform your fitness routine with the Spirit XE195 Elliptical.

FEATURES

- 7.5" blue backlit console LCD display
- 24 lb heavy-duty flywheel with 20 levels of magnetic resistance to keep you challenged
- Durable track system with concave roller wheels and aluminum rails for added stability and durability
- Narrow 2" pedal spacing with 2-degree inversion angle provides a comfortable foot placement for users of any size
- Hand pulse sensors heart rate monitoring capabilities
- Child Safety Lock built-in



7.5" Blue Backlit Console LCD

Adjustable Cooling Fan

Direct-Access Resistance Buttons

Hand Pulse Sensors

Resistance Handlebar Toggles

EQUIPMENT SPECIFICATIONS

Console	7.5" Blue Backlit LCD, Heart Graph, Adjustable Cooling Fan, Child Lock
Programs	Manual, Hill, Fat Burn, Cardio, Strength, HIIT, Fusion, 5K, 10K, 2 Custom
Heart Rate	Hand Pulse Sensors
Resistance Levels	20 Levels
Handlebar Toggles	Resistance
Track System	Single Rail
Stride Length	20"
Flywheel	24 lb
Handlebars	Foam padded grip
Adjustable Foot Pedals	N/A
Assembled Dimensions	70" L x 22" W x 70" H, 172 lb
Packaging	66" L x 23" W x 34" H, 198 lb
Max User Weight	350 lb

WARRANTY INFORMATION

Residential : Frame/Brake: Lifetime, Parts: 10 years, Labour: 1 year



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