

The **AB900** is a classic design of a classic modality. With its dynamic, air-driven resistance system, this air bike is a powerful tool for all types of training situations — from low RPM, low load rehabilitation to high performance, high Watt output interval training. Resistance matches the user's effort and accommodates upper-body only and total body exercise. The compact design allows the AB900 to be placed anywhere in a facility for easy programming integration.

AB900 AIR BIKE

- Air-driven resistance delivers a simultaneous upper and lower-body challenge allowing the user to emphasize pushing and pulling or experience a total-body workout.
- · Highly durable to accommodate even the most challenging high intensity interval workouts.
- · Standard, integrated windscreen to prevent blowback for user comfort.





AB900 CONSOLE FEATURES

DISPLAY	interval, target time, distance, calories, watts, speed, RPM, heart rate
MODES	quick start, target time, target distance, target calories, target heart rate, interval 20-10, interval 10-20, interval custom
WORKOUT SUMMARY	total time, total distance, total watts
FUNCTION KEYS	up, down, start, stop, enter, Bluetooth
TELEMETRIC HEART RATE RECEIVER	5KHz supports most heart rate chest straps

EQUIPMENT SPECIFICATIONS

RESISTANCE	27", 9-blade fan produces unlimited air resistance
DRIVE SYSTEM	1/8" chain
SEAT ADJUSTMENT	up/down – locking pop-pin, fore/aft – lever lock
PEDALS/FOOTREST	flat, platform-style pedals with anti-skid surface/knurled footrests for upper-body only workout
CONSOLE REQUIREMENTS	console requires 4 AA batteries
FRAME CONSTRUCTION	welded steel construction with bolt-on floor stabilizers
LEVELER FEET	rubber to protect flooring
DIMENSIONS	1220 x 658 x 1281 mm / 48 x 26 x 50 in
PRODUCT WEIGHT	54 kg / 119 lbs
MAX. USER WEIGHT	159 kg / 350 lbs
CERTIFICATE	CE (EN957 SB-class), FCC

WARRANTY INFORMATION

Commercial (All Facilities) - 5 years frame, 2 years console, wear items, and mechanical parts and 1 year labour

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