



Folded View



Optional Extended Handrails

XT285 TREADMILL

Elevate your workout with the new XT285. SPIRIT has earned a reputation for building quality treadmills using the best components, and the XT285 is no exception. The XT285 features a spacious 20" x 60" running surface, a bright 7.5" blue backlit LCD display with performance-oriented metrics, and direct speed and incline buttons that are great for interval training. The handrail-mounted speed and incline controls, Bluetooth capabilities, pulse contact grips, pre-programmed courses, and customizable training options keep you motivated and working out longer. The numerous safety and convenience features, including child lock, safety key, deck lift assist, slow deploy, and optional extended handrails, go beyond the competition.

FEATURES

- 7.5" bright blue backlit LCD with built-in USB charging port
- Built-in Bluetooth connects to apps, audio, and heart rate accessories
- Remote handrail-mounted controls for quick changes to speed and incline
- Spacious 20" x 60" Deck with Lift Assist for easy storage
- Superior 3.25 HP PowerMax™ Motor protected by a lifetime warranty

CONNECTS TO:



SPIRIT+



FITBIT*



ZWIFT



APPLE HEALTH KIT*



KINOMAP



MAP MY FITNESS*

AND MORE!

*CONNECTS VIA SPIRIT+ APP



7.5" Blue Backlit LCD

Reading Rack Ledge

Phone Ledge

Integrated Bluetooth Speakers

Cup Holders

Handrail Incline Control

Handrail Lock

Child Lock

Hand Pulse Sensors

USB Charger

Handrail Speed Control

Adjustable Cooling Fan

Safety Key

Direct-Access Speed and Incline Buttons



SPIRIT+ APP



- Set fitness goals
- Track workout progress
- Review workout history
- Share with other fitness apps
- Unlock achievements
- Stay motivated

EQUIPMENT SPECIFICATIONS

Console	7.5" Blue Backlit LCD, Phone Ledge, Bluetooth FTMS, Bluetooth Speakers, USB Charging, Adjustable Fan, Child Lock
Programs	Manual, Hill, Fat Burn, Cardio, Strength, HIIT, Fusion, 5K, 10K, Time, Distance, Calories, User 1-2
Heart Rate	Contact & Bluetooth (5kHz & Bluetooth), Chest Strap Not Included
Speed/Incline	0.5 - 12 mph (0.1 increments) / 12 Levels (0.5 increments)
Handrail Controls	Yes, Speed & Incline
Drive Motor	3.25 HP PowerMax™ Motor
Deck	1" Phenolic, Silicone Lubricated
Belt	20" x 60"
Rollers	2.5" & 2.0" (Crowned)
Frame	Folding, w/ Lift Assist and Slow Deploy, Durable Powder Coat Paint
Assembled Dimensions	81" L x 35" W x 58" H, 235 lb
Packaging	85" L x 36" W x 15" H, 262 lb
Max User Weight	350 lb

WARRANTY INFORMATION

Residential Warranty: Frame/Motor/Deck: Lifetime, Parts: 10 years, Labour: 1 year



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